



EMPOWER • ENTHUSE • EXCEL

QUEST



2nd Alumni MEET 2017

CELEBRATING WITH EX-JAIPURIANS

Jaipuria Group of Educational Institutions takes great pride in its alumni which today is more than 11000 strong. While the group has three core K-12 schools, one pre-primary school, two management institutions and 6 partner schools, the major representation in the alumni family is from Seth Anandram Jaipuria School, Kanpur which was set up in 1974. The number of institutions under the group and their vintage will increase, contributing to a larger number of alumni over the years.

We have put in place several measures to establish a strong connect with our alumni. Keeping this in view, the first ever Alumni Meet was organized on October 1, 2016 at Hotel Radisson Blu, Kaushambi. This event turned out to be a resounding success as it brought together former students and teachers along with selected faculty from our institutions on one platform. It was heartening to see wonderful reunion of old friends who also had an opportunity to meet their teachers and express their deep sense of gratitude.

The function was held in a beautiful ambience in the Banquet Hall of Radisson Hotel with musical events and standup comedy by renowned artist.

The Chairman of the Group, Sh. Shishir Jaipuria while welcoming the guests, emphasized the need and importance of the 'Alumni connect' with their Alma mater which creates great value for all concerned. Some members of the Alumni also recalled their experiences with deep sense of happiness and nostalgia. The Chief Guest of the function, Sh. Dilip Cherian shared his vision of changing values of the Indian society and the role of present generation whom he fondly referred to as 'millennial'.

The second Alumni Meet of the Group is now being held on Saturday, September 9, 2017 at Hotel Hyatt Regency, Bhikaji Cama Place, New Delhi.

We expect greater and a more enthusiastic participation with a hope that this will further strengthen their relationship with respective institutions apart from continuing and renewing their bonds with their friends.

#11000+
JAIPURIA ALUMNI

#111+
YEARS OF
EXCELLENCE

#8+
INSTITUTIONS
ACROSS UTTAR
PRADESH

INTERNATIONAL
COLLABORATION FOR
STUDENT TO GET GLOBAL
PERSPECTIVE



September 9, 2017 (Saturday)

Glimpses of Alumni Meet 2016



From the desk of

EDITOR



Vinod Malhotra

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The most valuable emotional state sought after by the entire mankind relates to happiness. In the hierarchy of human needs, once our survival is fully secured, we seek happiness in all our endeavours. We also develop a general propensity to perform tasks that give us happiness and having completed them, look for happiness in the result or reward thereof.

Interestingly, this phenomenon is unique to human beings. Animal and other living beings are not affected by this. For instance, a dog or a horse may show loyalty, anger, hunger but never ever betrays an emotion called happiness.

Happiness is quintessentially experiential in nature and therefore is dependent upon series of experiences that each one of us goes through. The agreeability of that experience and our perception decides whether it has given us happiness or otherwise.

Happiness is also largely a function of fulfilment or non-fulfilment of our desires. At any given point of time we tend to carry loads of them. There are several imponderables that operate in our ecosystem and satisfactory actualization of all our desires is well-nigh impossible. The complexity of human mind ensures that our happiness is short-lived on what we get but lingers on in craving for what we did not.

Anatomy of happiness has some very interesting characteristics and we must

create full awareness towards them.

Happiness does not lie in the object of happiness. It lies within us.

Let us not hypothecate our happiness to any reason. If the reason disappears, so will our happiness. Let us be just happy.

Happiness should not be a function of a place that you are in. If you are not happy where you are, you will not be happy anywhere.

Profound learning and its sustainability also depends on our state of happiness. This is specifically true of the student community. Teachers must therefore ensure happy and congenial atmosphere for good learning.

For sustainable state of happiness we must migrate from experiential to existential. In other words, happiness is present within all of us, indeed that is our true nature. Somewhere down the line we have forgotten to smile, laugh and remain happy regardless.

Let us bring back that pristine virtue and spread sparkle of happiness all around.

This universe is beautiful and provides millions of reasons to smile and be happy, and not many for not to be.

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The Pursuit of Happiness: A Goal of Mankind

From the desk of
CHAIRMAN



SHISHIR JAIPURIA
Chairman
Jaipuria Group of Educational Institutions

Pursuit of happiness is considered a birth right of all human beings but the history of mankind offers enough evidence to establish how elusive has been this goal of “Happiness”. From Prince Siddharth of ancient Himalayan Kingdom Kapilavastu to King Jigme Wangchuk of another modern day Himalayan Kingdom of Bhutan, the pursuit of happiness has been a long journey for mankind. The United Nations General Assembly unanimously passed a resolution in 2012 declaring “Happiness: towards a holistic approach to development” as a fundamental human goal. The United Nations has been working on measuring happiness of people in different countries by developing and improvising continuously indices of measurement. Many nations have developed their own yardstick to measure how happy their people are. Bhutan was the First Nation in modern world to measure Gross National Happiness as a super ordinate goal that is given much more importance than Gross Domestic Product. Since 2013, the United Nations has been celebrating 20th March as the International Day of Happiness and has been publishing a World Happiness Report since 2012. The World Happiness Report 2017 ranks Norway as the happiest nation and India is way behind at 122 among 150 member countries ranked in the report.

The next question that needs to be asked is, “Why is happiness so important”? But before delving deeper into this pragmatic issue, it is necessary to understand what happiness is all about? There are many synonyms for happiness such as satisfaction, content, joyfulness, cheerfulness, pleasure, elation, jubilation, ecstasy etc. Some pundits also equate happiness to peacefulness. In reality, happiness means all of these emotional states but are expressed differently specific to situation. The synonyms of happiness are used to express the degree of happiness at different time or space.

Happiness is important to us. We all want to be happy. But we also know that we can’t be happy all the time. If that happens then we would not understand or value happiness. Thus happiness is a cherished goal in life for every living being and as we are obsessed with our lives as human beings, we consider that the first right to be happy belongs to us. However, if we carefully observe our own conduct, we become really happy when we see happiness in our environment. Our individual happiness is linked to a selfish goal. Even when there is a common goal for us as a team, we have a self interest in the team-win. Sometimes, individuals come under the illusion of crossing personal milestones at the cost of team-win, but that kind of happiness does not last. If we carefully watch the face of any cricketer who is part of a losing team after scoring a century, the emotion of ‘happiness’ will be missing inspite of all efforts to put up a happy expression. This is because happiness is involuntary and comes spontaneously upon our face when we see happiness all around us.

To be happy, we have to work for a goal. To be happier, we have to be with other’s happiness.

The World in which we live today is yearning for ‘Happiness’. I am happy that we dealt with ‘Stress’ as the theme for the last issue of Quest and the current issue aptly follows through with this issue on ‘Happiness’, and to address the most important ‘craving’ of contemporary human society. What is this elusive concept of ‘Happiness’ after all? What does it mean to be happy? Why is happiness being looked at as the ultimate purpose of our existence? Many of these questions, I hope will get addressed in the articles that feature in this special issue of Quest. I wish all a happy reading and lasting happiness in life.

JAIPURIA QUEST²⁰¹⁷

Major
Events
2017

4TH CORPORATE SUMMIT

Pg

04

NATIONAL CONFERENCE

06

ANNUAL SPORTS MEET

08

SAJMUN 2017

10

1ST FOUNDER'S DAY

12





4th Corporate Summit

BUILDING BRAND STRATEGIES

ADVERTISMENT & BRANDING RETAIL ENTREPRENEURSHIP

Jaipuria Institute of Management, Indrapuram, Ghaziabad organized the 4th Corporate Summit on "Building Brand Strategies" on 4th February, 2017 at Hotel Radisson Blu, Kaushambi, Ghaziabad. The summit was formally inaugurated with lighting of lamp by **Mr. D. Shivkumar**, Chairman & CEO (India Region), PepsiCo, Guest of Honour, **Mr. Bipin Preet Singh**, Founder, CEO and Director, Mobikwik, **Mr. Shishir Jaipuria**, Chairman, Jaipuria Group of Educational Institutions, and **Prof. (Dr.) Daveinder Narang**, Director, Jaipuria Institute of Management, Indrapuram, Ghaziabad.

The event was attended by over 200 participants belonging to the corporate sector, businessmen, academicians and management students. Key Note Speaker Mr. D. Shivkumar, Chairman &



Mr. Shishir Jaipuria, Chairman, Jaipuria Group of Educational Institutions honoring Mr. D. Shivkumar, Chairman & CEO, PepsiCo.

CEO(India Region), PepsiCo emphasized on understanding psychological issues that influence consumer behavior and that according to him will improve managerial decision-making with respect to brands. Guest of Honour Mr. Bipin Preet Singh, Founder, CEO and Director, Mobikwik focused on analyzing management decisions that must be made to build, measure, and manage a brand.

Next stage of the summit was the panel discussion with respect to various sectors, with 'Advertisement' being the first one. Mr. Pawan Garg, General Manager, Samsung India, stressed on how advertising helps to create a powerful brand loyalty. Avinash Parhi, Director- Category Marketing, Shop Clues focused on how advertisement companies evolve innovative marketing strategies to help achieve the desired brand positioning and build brand equity. Other panelist for the session included Sandeep Parchure, Head-Business Development, Viacom 18, Prashant Kumar, Director & CEO, India News Communications Ltd., Deep Prakash Pant, Practice Head – Digital, British Telecom India and Bhavna Kapur, Director, HCL Technologies.

The second panel session related to the Retail sector wherein Mr. Ravi Gupta, President, Shree Renuka Sugars Ltd. focused on effective ways to face challenges of ensuring consistency in execution across all stores throughout the region. Other panelist included Rajat Arora, Associate Vice

President, Tolexo Online Pvt. Ltd, Siddharth Khaitan, Head-Finance, Lifestyle Stores, Deepak Jain, Director – HR, Mankind Pharma, Kamalika Deka, Regional Head HR – North, Jubliant Foodworks Ltd., Kishan Iyer, Regional Manager, Nilkamal Limited and Shikhee Upadhyay Agarwal, Head-Training & Customer Care, The Body Shop.

The third panel session post lunch focused on Building Entrepreneurial Brand. Mr. U.C. Tripathi, V P (Industrial Affairs), Reliance Industries, emphasized on how to establish a better ecosystem that can change the mindset and culture of entrepreneurs and investors. Other panelist included Rachit Mathur, Co-Founder & CEO, Avenue Growth, Sanjula Miglani, Assistant Manager Alliances and Branding, Cashkaro, Amandeep Singh Sahni, Founder & CEO, JS Mobileon Pvt. Ltd., Dr. Rishi Raj Singh, Director (Training UEPA), NIESBUD, Vaibhav Shastri, Director- Sales, Indus OS and Nikhil Sarup, Co-Founder, LawRato.

Prof. (Dr) Daviender Narang, Director, Jaipuria Institute of Management, Indirapuram, Ghaziabad formally closed the session by delivering the valedictory speech and hoped that all participants would have benefited from this event.

KEY NOTE SPEAKERS



Anirudh Pawa
Marketing Manager
Philips



Avinash Pari
Director, Markaing
Shop Clues



Bhavna Kapur
Director
HCL Technologies



Deepak Jain
Director-HR
Mankind Pharma



Kamalika Deka
Head HR-North
Jubliant Foodworks Ltd



Pawan Garg
General Manager
Samsung India



Shikhee U. Agarwal
Customer Care
The Body Shop



Sukanta Das
Sales & Marketing
Vodafone Delhi

"The event was attended by over 200 participants belonging to the corporate sector, businessmen, academicians and management students."



National Conference on Financial Inclusion



The faculty and students of Jaipuria School of Business organized a **National Conference on the 15th of April 2017** at the India International Centre, New Delhi. The theme of the Conference **"Banking the Unbanked: Financial Inclusion in Digital India"** is contemporary and extremely relevant in the post-demonetization phase. This was the main reason why the Conference attracted the attention and presence of a large number of intellectuals joining as Speakers and Delegates. **Shri Santosh Gangwar, Union Minister of State for Finance**, inaugurated the Conference as the Chief Guest and congratulated JSB for organizing such a well timed conference. **Shri Shishir Jaipuria Chairman**, presided over the plenary session of the Conference. Dr Pami Dua, Director, Delhi School of Economics and Mr. A. N. Nanda, Secretary (Posts) Government of India, joined as the Guests of Honour and addressed the Conference. Dr IM Pandey, Director General, VIPS & former professor at IIM, Ahmedabad, delivered the Keynote address. Dr SK Mahapatra, Director, JSB addressed the Conference and proposed the vote of thanks. Many other dignitaries like Mr Prashant Roy, Head Ecommerce Council of NASCOM, Dr Kaushik Basu, Senior National Advisor, UPNRM, Shri Atul Bhatnagar, former CEO, NSDC, Dr NR Bhanumurthy, Professor, National Institute of Public Finance & Polic, Dr Barnali Chaklader, Shri Amit Goel, Vice Chairman, the Pioneer, Ms Rakhee Bakshi, Anchor, RSTV addressed the Conference. Over 200 delegates from the academia, banking, corporate and the civil society participated in the conference. The valediction session was chaired by Shri Vinod Malhotra and addressed by Shri Partho Kar, Members, Board of Governors, JSB.





Annual Sports Meet

Celebrating Dynamism



Sports are great teachers: they teach humility, companionship and how to resolve differences. Sporting competitions are a fundamental element of an individual's all round development. At Jaipuria we foster this vigorous fortitude and what healthier way to do that than by sport. Sports day is an annual feature and a signature event in Seth Anandram Jaipuria School calendar. It is on this day among great mirth, verve and gaiety you can see tireless hours of practice finally converting into dexterity. Apart from rejoicing victories, the annual sports meet also endeavours at imparting lessons on sportsman spirit and harmony among children.

The sprawling grounds of Seth Anandram Jaipuria were abuzz for the **Annual Sports Meet on the 18th and 19th of February 2017** and encompassed the sporting talents honed in the school. The atmosphere was filled with a great zeal and excitement of the energetic students and parents alike. The event was inaugurated by Chief Guests **Mr. Ashok Dhyanchand - Olympian and former Captain of the Indian Hockey Team** on the 18th and **Mohammad Azharuddin - Former Indian Cricket Team Captain** presided over the sporting events on the 19th February, the second day. The other guests of eminence included **Shri. Shishir Jaipuria, Chairman** of the Seth Anandram Jaipuria Society and Directors of Jaipuria Group of Institutions.

Shri Shishir Jaipuria accorded a warm welcome to the galaxy of eminent dignitaries and all the wonderful parents who had gathered in full spirit to witness the fitness fiesta. In his welcome address, he dwelt on the marvels of childhood, affirming his firm conviction that children have unique talents which are special gifts to be nurtured with love and care. He reiterated the school's commitment to high educational standards as well as its unrelenting endeavor to provide for the holistic development of children. He also advised students to dream, for dreams alone can ignite a passion to achieve and excel in their chosen fields.

The exhilarating event on the first day was inaugurated by the Chief Guest for the occasion Mr. Ashok Dhyanchand who lit ceremonial Torch, which was followed by Oath Taking Ceremony where the young

sportsmen took a pledge to uphold the sanctity of sports and participate more passionately. Mr. Dhyanchand said "Sports can refresh the mind and the body; make us more energetic and packed with vitality. They are the best way to experience working with team. Only thing required is true sportsmen spirit. Thus, learn to enjoy the journey you are about to embark on." Over 4500 overjoyed parents gathered to see their tiny-tots participate in events such as 'Choose your currency', which tested both the physical agility and mental promptness. The synchronic and rhythmic performances of the students in 'Fitness Treat' which was a skilful display of Taekwondo enthralled the proud parents who applauded every move of their young one, with a sparkle in their eyes. The backdrop of aesthetically well designed props, heavenly music and the rhythmic display of the young ones during the depiction of 'Ritu Utsav' transcended the audience to a mystic world as they watched rapt in attention. There were several races such as 'Choose your Leader' which pushed the athletic expertise of the students beyond expectations.

Day two was a sequel to the tempo of the events as Mohd Azharuddin, released a bunch of colourful balloons with a pledge by the pupils to uphold the values of excellence, respect and harmony. Mohd. Azharuddin motivated the students and said, "Students must maintain the sporting spirit at all times in their life and take advantage of all the facilities offered in the school, by parents and the community. Only a sportsman in the Indian Blue Jersey can experience the pride of playing for the country." The field was a riot of colours with the enticing and captivating performances of the students in 'Rang Manch' that held every parent and guest in a magical spell. The challenging and electrifying athletic events forced the spectators to jump out of their chairs and applaud. The events 'Agile Acrobatics', 'Balancing Act' and 'Braving the Odds' tested the agility of the participants and surprised everyone present. The mélange of entertaining performances was greatly appreciated by one and all and earned a thunderous applause from the audience.

For sports fans, sports are the epitome of hard work and dedication. To get to the summit of their sport, even the most naturally gifted athletes have to give it their all. Medals and certificates were given out to the winners, to recognise their hard work



and encourage all to put in their best foot forward amidst thunderous applause which resonated much after the event ended. Godawari House was declared the winner of the Sports trophy and Ganga House lifted the Cultural Trophy.

The Principal cum Director of the School, Ms. Manju Rana proposed the Vote of Thanks and congratulated the winners. She also thanked Mr. Ashok Dhyanchand and Mohd. Azharuddin for taking out time, to grace the occasion. She emphasised on the holistic development of personality and urged the students to pay equal importance to sports, health and fitness. Special mention and appreciations were extended to the efforts put in by the Vice Principal, Ms. Sarojini Sinha; Headmistress Ms. Indu Kohli and all the teachers of the school, especially the Sports Department under the leadership of Mr. Rajeev Kumar, who had put in long hours to make the event a grand success. The day was marked with relentless celebration and gained the genuine admiration of the parents, as well as the audience. The day ended on a cheerful note, heralding the year 2017 to be filled with promises for all the young sports enthusiasts.

Excerpt from Chairman's Welcome Address



"He reiterated the school's commitment to high educational standards as well as its unrelenting endeavor to provide for the holistic development of children. He also advised students to dream, for dreams alone can ignite a passion to achieve and excel in their chosen fields."

Excerpt from Mr. Ashok Dhyanchand's Speech



"Sports can refresh the mind and the body; make us more energetic and packed with vitality. They are the best way to experience working with team." Only thing required is true sportsmen spirit. Thus, learn to enjoy the journey you are about to embark on.

Excerpt from Mr. Mohammad Azharuddin's Speech



Mr. Azharuddin motivated the students and said, "Students must maintain the sporting spirit at all times in their life and take advantage of all the facilities offered in the school, by parents and the community. Only a sportsman in the Indian Blue Jersey can experience the pride of playing for the country."

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SCHOOLS

300

DELEGATES

7

COMMITTEES

SAJMUN 2017



Seth Anandram Jaipuria
Model United Nations

Conceive. Concur. Convince.





On the 29th of April, after seeking the blessings of the Lord, Almighty- **SAJMUN'17** was declared open by the Director General, **Riddhiraj Singh Sehgal**. The chief guest for the day was **Mr. Mahendra Sabarwal**, Ex-DGP Jammu & Kashmir.

The committees to be simulated were-

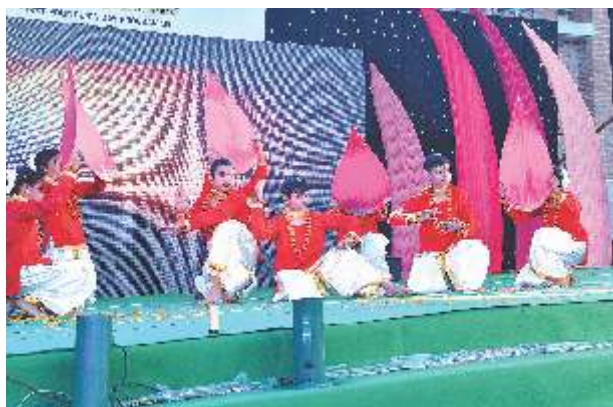
1. Emergency summit of the Arab League- Arab Spring
2. **AIPPM- UCC**, with special emphasis on Triple Talaq
3. **UNSC**- Situation in South Sudan
4. **ECOFIN**- Tax evasion with special emphasis on Panama Papers
5. Joint Crisis Committee- Battle of Dunkirk
6. **UNHRC**- Reviewing Capital punishment under International Human Rights Law
7. IP- Journalism, Photography, Caricature

SAJMUN ended on an inspirational and emotional note. After the speech of Mr. Neeraj Prasad. The conference was declared closed by the Secretary General, Kushagra Agarwal. All the delegates went back with an enriching experience that gave them an enlightened insight into various issues of National and International importance.





1st FOUNDER'S DAY



Seth Anandram Jaipuria School Lucknow organized its **first Founder's Day on January 28th 2017**. The mega event was attended by numerous dignitaries. The Chief Guest on the occasion was Prof. Debashis Chatterjee, Director General, International Management Institute, Delhi, the Chairman of the school **Mr. Shishir Jaipuria, Chairperson** Mrs. Sunita Jaipuria, Senior Director and Principal Mrs. Manju Rana and other eminent members of the management committee.

The evening commenced with the lighting of the lamp followed by a prayer dance to invoke God's blessings. The prize distribution saw the achievers of the academic session 2016-17 who had made their parents and the school proud in both academics and co-curriculars.

Thank you God for making me-Me, a dance by the little ones, enthralled everyone. The group song, Choral recitation and the live orchestra were highly appreciated. A unique tambourine drill by the girls, drew a loud applause, whilst the fascinating, colourful and vibrant dance "Rang Lo" - stole the spotlight. Students dressed as fairy tale characters added an element of awe and drew a loud applause from the audience. The enthusiasm and confidence of the students was remarkable throughout the show. The programme ended on a high note with the Grand Finale and the fireworks display.

The Chairman Mr. Shishir Jaipuria applauded the entire family of Jaipuria and said that though the school is still in the budding stage, it has accomplished much and its students have won many accolades and laurels. He also announced the commencement of hostel facilities for boys from the new session.

The Principal Mrs Poonam Kochitty thanked everyone for attending, the students for the spectacular display of talent and the teachers for their remarkable efforts.

JAIPURIA SCHOOL OF BUSINESS

INDIRAPURAM, GHAZIABAD



MORE EVENTS...

Cultural Festival SCINTILLA 2K17	14	Academic Advisory Council Meeting	19
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New Year Eve Celebration	18		
Adopt a Plant Initiative	18		
Student Development Programme	19		
Aaj Tak Talk Show	19		
International Women's Day	19		





SCINTILLA 2K17



The 2-Day Cultural Festival of Jaipuria School of Business

The 2017 edition of the Grand Annual Cultural Festival of Jaipuria School of Business, **SCINTILLA 2K17** was celebrated with pomp and gaiety in Campus on 24th and 25th March 2017. **Dr. Vikram Singh, the Vice Chancellor, NIU** inaugurated the Festival at a glittering ceremony in Dr Rajaram Jaipuria Hall of Inspiration in the presence of Shri Ramesh Bhatt, Anchor and Deputy Editor, News Nation, Shri Rohit Ranjan, Anchor, National Voice who joined as Guests of Honour, Dr SK Mahapatra, Director, Faculty and Student representatives from over 80 Institutions of NCR. Both days were filled with competitive events testing the wit and fun quotient of participants. The evenings were dedicated to celebrating the spirit of youth to the tune of "Befiama" - the Rock Band of IIT Roorkee on 24th evening and to the songs of celebrity singer Ali Quli Mirza who set the stage on fire with his voice and music. Shri Shishir Jaipuria, Chairman, Ginni Filaments, SAJS and Board of Governors of JSB joined as the Chief Guest at the concluding ceremony held in the Sports Ground and gave away the prizes.

Orientation Program “Prarambh”

Jaipuria School of Business, Indrapuram, Ghaziabad unveiled Prarambh - a 3-day intensive Orientation Programme for the new batch of PGDM (Post Graduate Diploma in Management) 2017-19. The Chairman, Board of Governors, Shri Shishir Jaipuria inaugurated the programme and formally announced the commencement of session 2017-19. Shri Sitanshu Kar Director General (News) AIR was the Chief Guest on this occasion. He encouraged students to appreciate and practice the value of team work, to be critical thinkers and not just get carried away without any specific goal. Joining the occasion as Guest of Honour, Shri R S Dabas encouraged students to dream big and pursue it relentlessly. Shri Vinod Malhotra, Member, Board of Governors, the Director, Dr. SK Mahapatra and Dr. Timira Shukla, Dean, Jaipuria School of Business also addressed the students. In the afternoon, students attended a motivational session by Dr RK Tuli and participated in a Campaign titled, “Adopt a Plant”. Each student brought a new Plant into the Campus, planted it and adopted it with great enthusiasm and gusto. The second day of the Orientation program was chaired by the Director Dr SK Mahapatra. Shri Partho Kar, Member of the Board of Governors was the Chief Guest and Dr Virendra Singh, Advisor – OD of the Patanjali Group was the Guest of Honour.

The afternoon session speaker was Shri Pankaj Bhadana, a young spiritual thinker who helped students understand the true purpose of human life. The final day of the orientation programme was devoted to out-door activities for exploring and experiencing real world issues and for bonding together as a team.

The students joined the “Damdama Adventure Camp”, Gurgaon and participated in activities designed for their overall personal and professional development. The final day outing and activities inspired the new students to the paradigms of creative thinking and experience a sense of joy together, as students of PGDM.



Faculty Development Program on “Research Methodology”

A 2-day workshop on “Research Methodology” was organized by Centre for Advanced Data Analytics, JSB on 27th and 28th of February at its campus. Key Resource persons for the workshop were Dr N.K. Gupta, Professor & Dean Administration, JSB and former Professor at IIM Lucknow (Decision Sciences) and Dr Neeraj Kaushik, Associate Professor and Head, NIT, Kurukshetra.

Management Development Program

Jaipuria School of Business successfully conducted the first Management Development program in the new academic session on Transforming Corporate Culture using Digital Marketing on July 8, 2017. The MDP was jointly conducted by Dr. Nidhi Sinha, Professor, Bennett University and Prof Surabhi Singh, Faculty, Marketing & Analytics at Jaipuria School of Business.



Workshop on “Soft Skills for Employability”

Jaipuria School of Business, Indrapuram in association with English Language Teachers Association of India (ELT@I) Greater Noida chapter organised a Faculty Development Programme on “Soft Skills Required for Employability” in the Centre for Leadership Excellence on 9th April, 2017. Mr. Yusuf Mehdi, Assistant Professor, Business Communication, JSB was the Program Facilitator. The workshop was meant for Soft-Skills Teachers of professional institutes in Delhi NCR, who participated in the programme in large numbers.

Faculty Development Program on "Assignment Based Learning"

A one-day Faculty Development Programme on "Assignment based Learning" was organised at Jaipuria School of Business on 19th May, 2017. The resource person for the programme was Dr Brinda Balakrishnan, HR Consultant and Trainer, who is also a member of the Academic Advisory Council of JSB. The key objective was to make the members of the Faculty at JSB conversant with the situational aspects of the course content to make classroom teaching more effective.



Leadership Talks @ JSB



Topic: Total Quality Management by Mr Rajat Bhatia, Vice President- HR at Fareportal.

An interactive guest lecture session on Total Quality Management (TQM) was held at the campus of JSB on 25th February 2017. The guest speaker, Mr Rajat Bhatia, is a Six Sigma Black belt holder and he wonderfully delineated the various methodologies, tools and parameters associated with TQM. He also explained the various quality approaches, namely Six Sigma and Lean Management and illustrated their applicability in situation specific instances.



Topic: Union Budget - 2017 by Mr Anuj Goel, Chartered Accountant

Jaipuria School of Business organised an interactive guest lecture on Budget 2017 on 18th February, 2017 by Mr. Anuj Goel, Chartered Accountant. The speaker discussed various aspects of the recent Union Budget with major emphasis on implication of Direct Taxes.



Topic: Market Research by Mr Amit Hasija, CEO, PITL

The Centre for Leadership Excellence, Jaipuria School of Business (JSB), organised an "Expert talk" by Mr. Amit Hasija, CEO - Panchavaktra Infra-Tech Limited on March 4, 2017. During the highly interactive session, the speaker explained the delicate and finer points of market research. He emphasised on the importance of research and compared it with the experience of deep-diving.

Topic: Supply Chain Management by Mr Ashish Gupta, Director, Procurist

Mr. Ashish Gupta, Director, Procurist, visited JSB on 1st April 2017 and delivered a lecture to PGDM students sharing his vast experience in dealing with Supply Chain Management. He emphasized on the criticality of logistics and inventory management and meticulously explained the importance of just-in-time inventory replenishment in the retail sector. This helps the organization in retaining the competitive edge in the market without adding to the holding costs.



Awards and Recognition



JSB wins The Best Management College in North India for Industry Interface Award

JSB conferred with the Best Emerging Business School in India in 2017 Award

Dr SK Mahapatra, Director, JSB was felicitated as one of the "Most Influential HR Leaders in India" on 15th February 2017 at the Silver Jubilee Celebrations of the World HRD Congress at a ceremony in Taj Lands End, Mumbai, attended by over 2000 delegates from across the World.

Jaipuria School of Business was conferred with the Award for being the "Best Emerging Business School in India in 2017". The jury of Indian Research Media & Awards selected JSB for this prestigious award which was presented on 26th March 2017 at the National Achievers Conclave & Awards 2017 in Hotel Pride Plaza, Aerocity, New Delhi. Dr SK Mahapatra was also felicitated at the same ceremony with the Best Director of the Year Award.

Jaipuria School of Business was adjudged as the "Best Management College" in North India for Industry Interface" and awarded at the Global Education and Skill Awards. The award was presented on 23rd March 2017 by Mr. Jay Prakash Narayan Yadav, Member of Parliament from Bihar and Mr. Manpreet Manna, Director, AICTE

Industrial Visits

Visit to **Mother Dairy Patparganj Plant** on 5th January 2017

The PGDM students of JSB undertook a visit to the Patparganj plant of Mother Dairy. The students were briefed about the functioning of India's largest liquid milk company in Asia - their products, and the marketing strategies followed by the company by Mr. R K R Pillai, the Information Officer at Mother Dairy. They also learnt about the extensive CSR activities undertaken by Mother Dairy. The students saw firsthand and learnt about the various stages of the production process right from sourcing, processing, and marketing to distribution.



Visit to **Omron - STS Transformers** on 28th March 2017

The Industrial visit to Omron-STS Transformers was organized on 28th March, 2017 for the PGDM students. Omron-STS manufacture transformers and supply them to the Government. The students got the opportunity of witnessing the production line of industrial transformers, see different types of transformers produced according to the demand of the customers. They also learnt about the distribution channels for supplying the product to different parts of the country.



Talent Hunt

Jaipuria School of Business hosted a Talent Hunt Audition by **Ankit Tiwari**, youth icon and singing sensation. Mr Tiwari and his team visited Jaipuria School of Business on 8th January, 2017 and held auditions to find new singing talent from NCR. Hundreds of singing enthusiasts turned up for the auditions. The students of PGDM at JSB organized the Audition event in-campus and had a good opportunity to interact with the singer.



A Tribute to the Founder

Remembering the legacy of his selfless service, the founder of JSB **Dr. Rajaram Jaipuria's birthday** was observed on **January 16, 2017**, by students, staff & faculty of JSB. Dr SK Mahapatra, Director led the event and floral tributes were paid by all present to the beloved Founder. Students performed a skit bringing to life a few pages from the Founder's biography. Students delivered speeches on the life and achievements of the Founder and promised to walk the path lit by him and to live his dreams. Creative musical and dramatic renditions by the students added a spiritual aura and fragrance to the rich floral tributes offered to the founder Dr. Rajaram Jaipuria. The event was held in the auditorium of JSB, and the venue was renamed as Dr Rajaram Jaipuria Hall of Inspiration. A pledge was taken by all present to practice value based living.

New Year Eve Celebration at JSB with Honourable Chairman:

The students of JSB bid adieu to the year 2016 and ushered in the New Year through a cake cutting ceremony along with the Chairman of the Jaipuria Group of Institutions, **Shri Shishir Jaipuria**, Director Dr. S.K.Mahapatra, faculty and members of the staff on the 31st of December 2016.



Adopt a Plant Initiative

Organised by the Centre for Creativity and Innovation, in collaboration with the Center for Diversity and Inclusiveness, the aim of this initiative is to spread awareness of the harmful effects of blatant concretization at the expense of the trees and how to mitigate the depletion of nature's greenery through increasing use of "potted plants". Every Faculty, Staff and Student was given opportunity to adopt a potted plant and place it in and outside the avenues of the campus. This ongoing initiative strives to send out the message that "True sustainability comes from building friendship with the nature & environment."

Aaj Tak Talk Show

The PGDM students of Jaipuria School of Business participated in a high profile media event on March 31, 2017. The programme was a debate on Triple Talaq on the Talk Show titled “Teen Talaq is bad for Muslim women” aired by Aaj Tak. JSB students participated actively in the show before eminent panelists. This was the first occasion for PGDM students to be on Live TV talk show. The confidence and participation of the students was noteworthy.

Student Development Programme on “Data Analytics using SPSS”

The PGDM students attended SDP on Data Analytics using SPSS on April 8, 2017 organized at Centre for Advanced Data Analytics, Jaipuria School of Business. Prof Surabhi Singh made the session highly interactive and shared various analytical tools with the students.

International Women’s Day

The Women’s Day was celebrated with much fanfare at JSB on 8th March, 2017. Faculty and students spoke on the occasion and a special video screening of women’s achievements was presented to celebrate the success of women of substance. Dr S.K. Mahapatra, Director appreciated the contribution of all the women and congratulated them on the special day. The celebration concluded with a cake-cutting ceremony.

Academic Advisory Council Meeting

The Academic Advisory Council (AAC) meeting was organized by Jaipuria School of Business on May 7, 2017. The AAC meeting was chaired by Dr Goutam Sinha, Director IIM, Kashipur and attended by all the members of the Council. Mr. N K Gupta, Director (Finance) Railtel Corporation, Dr. U M Amin, Ex-Director CMS, Jamia Milia, Mr. Harish Dua, Mr. Kallol Roy, Mr. Subodh Garg, Dr. Brinda Balakrishnan, Mr. Gaurav Mittal, Ms. Runa Maitra, Mr. Vikas Madan, Mr. P S Rathore, Mr. Rajendra Dani, Dr. Devinder Narang and Dr SK Mahapatra Director, JSB. The AAC reviewed the academic performance during the academic calendar 2016-17, curriculum and syllabus for academic year 2017-18, and recommended concrete ideas for improvement. The AAC appreciated the efforts made by the faculty of JSB for grooming the students for placement and lauded the feat of achieving 100% Placement for the batch of 2017.

Board Meeting

The Board of Governors of Jaipuria School of Business met on 11th Feb 2017 at the Institute. Shri Manoj Mishra, CMD, CCI Ltd, Shri RS Sharma MD of Bajaj Power Ventures & former CMD of NTPC, Dr Gautam Sinha, Director IIM Kashipur, Ms Miriam Carter, Director OPJ Community Colleges, Shri Aquil Busrai, CEO of Aquil Busrai Consulting, Shri Vinod Malhotra, Shri Partho Kar, and Dr SK Mahapatra Director JSB attended the meeting. Chairman Shri Shishir Jaipuria chaired the meeting. Senior Faculty members Dr NK Gupta, Dr Anindita Sharma and Dr Rachna Sharma attended as special Invitees. The Board expressed satisfaction with the performance of the Institute and lauded the innovative pedagogy and placements.

Book Launch

Sri Vinod Malhotra, Member Board of Governors of Jaipuria School of Business unveiled the book titled ‘Driving Traffic and Customer Activity through Affiliate Marketing’ authored by Prof Surabhi Singh in the presence of Dr. S.K. Mahapatra, Director and Faculty at the inaugural session of a Management Development Programme held in JSB Center for Leadership Excellence, on 8th July, 2017. The book is published by IGI Global, USA and is a reference book for researchers.



Born to be Happy



Dr. S. K. Mahapatra
Director, JSB

Happiness is a sense of well-being, joy, or contentment. Usually, when people are successful, safe, lucky and are generally doing well in their lives, they feel happy. This is how we see Happiness, defined by common vocabulary. At a deeper level, Happiness has a different meaning. As per Buddhism and Hinduism, Happiness is the beatitude that transcends the cycle of reincarnation; characterized by the extinction of desire and suffering and individual self-obsessed consciousness. My understanding of happiness is experiential.

Happiness is the natural state of mind programmed by the Supreme Creator. All living beings are born to be happy. If we think of the Homo sapiens as robots with different emotional expressions programmed into them, then the default expression would be 'Happiness'. We need to look no further than the default mode of expression given out by any child except when she is hungry or sick. Human beings are programmed to be happy but succumb to insatiable greed as they grow from childhood innocence to self-seeking adulthood and that is when their natural childlike smile changes into a mask of measured expression of joy, which gives away the pretence as soon as any hurdle comes their way. When a person is hungry, he will be happy to eat any food but if he is not hungry, he will feel happy to eat at a place and from a menu of his choice. He has moved from physical need for food to sensory gratification of palette. In both the cases, after consuming food to his heart's content, if the person would try to eat some more, his happiness would soon turn into distress due to overeating and indigestion. The food is thus not the cause of happiness or distress, but the inability to control the limit of desire is the real cause of distress.

Buddha was the first among the great pantheon of philosophers to enunciate the doctrine of Happiness, starting with an antithesis about the cause of sorrow. He inquires into the cause of sorrow and leads up to an antidote for sorrow by prescribing a path of renunciation of

desires. He said, "Where there is no desire, there is no sorrow". If you destroy the desire, you destroy all sorrow and return to the original natural state of happiness. Buddha, the 'Enlightened One' did not mean 'desire' as the bare physiological needs such as food or shelter, but 'Desire' he meant as 'Possessive longing'. Is happiness the opposite of sorrow then? Is there a neutral state of mind when one can be neither in a state of joy, nor in distress? Spiritual leaders call it a state of bliss, where one is in a comatose situation, in a trance like state of ecstasy or tranquility, which is akin neither to happiness, nor to melancholy. At a plane of material existence, joy or sorrow are visible expressions of an emotional mind with a physical outburst of muscular activity showing up on our countenance.

Most people equate happiness with the Joyful feeling that comes with success, achievement, victory, recognition. But that's a very narrow understanding of happiness as it does not last beyond a few moments, hours or days. Happiness is something that lasts long and becomes second nature irrespective of the cause-effect cycle. Happiness is a feeling that is embedded in the task accomplishment process and not in the task resultant process. A child is happy to play. The playful process provides him the happiness. Happiness is a 'Here & Now' feeling and it cannot be felt by pulling it out of the past or future in a time continuum. We feel most happy when we enjoy what we are doing in the present. In order to enjoy what we do, each of our moments in the 'Here & Now' mode, we need to have clear answers to three basic questions. The first question is, "Why am I here?" If the answer is, "I wanted to be here", then it's a step forward to experience happiness. The second question is, "Do I know what I am going to do or am I sure of my skills to perform the task?" If the answer is in affirmative then it's another step forward. The third and final question is, "Do I know, where I go from here?" If the answer is, "Forward, to a place where I want to go next". You see people playing video games and they are engrossed and happy as they keep moving from Level-1 to Level-2 and keep accumulating scores. Actually, the score that one gets in a video game

accounts for nothing in terms of material achievement but it gives a thrill and excitement of having accomplished a goal that one has set for self. Consciously, by choice, when we perform any action, our mind is at peace and we experience happiness in the process of the Karma.

In the famous epics Ramayana and Mahabharata, these questions have often crossed the minds of all the warriors on either side. Each one of them chose to take a side consciously and enjoyed the epic battle. When a soldier says he is happy to lay down his life for the nation, he is not talking about experiencing happiness after laying down his life but he is experiencing happiness already with the very thought of laying down his life, for doing what he feels as his call of duty. One who has experienced pain from a small wound can easily imagine the pain one has to feel when a bullet would pierce through the body but the soldier is experiencing happiness now! A mother who has lost a son in the border is crying over the dead body of his son, but the next moment she is also expressing her happiness and pride in the supreme sacrifice her son has made for the nation. She goes on to say that she would be happy to send her only other son to join the army! So, where is happiness situated? It's in the present and neither in the past nor in the future. Happiness has little to do with success or failure though many people attribute stereo type causalities for Happiness as a consequence of Result. My experience of life has taught me different.

Sri Ramakrishna Paramahansa, the spiritual master of Swami Vivekananda was an epitome of childlike simplicity. He would giggle like a small child too often during his conversations with his admirers, disciples, critics and sometimes strangers. He was oblivious of the consequences of his thought and action and was always in a flow of infantile ecstasy. Sometimes he would get serious and sometimes he would get into a trance, exactly like small children do. In his old age, he had contracted some serious disease causing an open lacerating wound upon his neck. His facial muscles would get strained and he would look to be in pain at times. In one such moment of apparent pain, a disciple asked him to see a doctor and get relieved of the pain. The master lovingly replied, "You fool, you have got confused seeing the wound in the skin and could not yet understand that I am not that skin"? For the Master, the body is like a cloth that is meant to be torn and discarded sometime by the "Consciousness" which holds the body together. Consciousness is not the same as the Body, it is the real name of the "I" of the body. Happiness is the natural state of "Consciousness", not the physical expression of the Body. When the Body is very young, Happiness pops out easily though the muscular expressions and when the Body gets old and worn out, Happiness can't be seen outside but inside, though it is exactly the same, situated in the state of consciousness or in the conscious being. "Being" means "Present". Happiness is always present along with consciousness. Going against consciousness is like inviting feelings of misery and melancholy, which comes from unwanted action.

Being in conscious state is same as being in a happy state. The cause of action for our happiness or sorrow is never outside our mind and body but always within. When we tap the conscious being we feel happy and when we think we are a separate entity outside our consciousness, we feel all kinds of emotional challenges arising from greed. Whenever, we face this question, "Am I Happy"? We should answer, "Who am I not to

be happy"? Greed will automatically perish and Happiness shall only prevail. We should avoid the mind-trap and never get into the question of "Who am I to be happy?". We are born to be happy. "I" am no different from "Consciousness". Happiness is always situated in Consciousness. Happiness is not the opposite of Sorrow, nor is Happiness the same as Joy. Happiness is a state of neutral emotion which is unattached to fulfillment or non-fulfillment of any desire.

Happiness is in abundance, everywhere around us, in the trees, plants, flowers, hills, rivers, oceans and in the sky. Sometimes the nature appears angry especially during cyclones and storms but after a while it regains its calm. It looks beautiful as ever, before and after the storm. Nature is an embodiment of happiness. After bagging lots of trophies, great achievers take a vacation longing to be with nature and they go for a holiday to the places of natural beauty. Why do they do so? They want to be happy surrounded by Nature. They come back and tell great stories of their happy adventure into distant islands but soon lose that happiness as they get sucked into their selfish desires and greed. They don't realize that nature is everywhere. The trees and flowers, the water bodies, forests, hills and the sky, are everywhere. The happiness did not come from the external nature but from within as during their vacation, temporarily they had surrendered their selfish desires to nature and were even ready to get lost in the forest, weren't afraid of losing life while rafting or climbing a mountain. They were in touch with their true nature, which was their inner "Consciousness" and were simple happy to be where they were, do what they were doing and go where they were going.



"Mount Mount my soul, Thy seat is up on high"- Shakespeare

House of Delight

Our pursuit of happiness revolves around material objects. The one and only reason we chase every single dream and ambition, is to make us feel good or happy. When we do something good for the society we do it because we feel good when the society benefits. When we donate or help somebody, it is done to cater to our selfish motive so that we become happy. Sacrificing for our children and family? because in their success and smile, we find our happiness defined. Why do we strive for promotion? Recognition makes us happy. Sometimes we work our own just to feel sense of achievement.

What we ultimately want is to be happy. We don't like our sadness.

Happiness is an absolute term. On the contrary sadness is not an absolute term. The reason is that not doing things which makes our soul happy brings sadness. So 'doing' brings happiness 'not doing' brings sadness.

There is nothing called selfless motive. Whatever we do, we do it to satisfy our soul action. Hence there is a lifelong pursuit to keep ourselves in the House of Delight.

Dr Anindita
Associate Professor, JSB



Power of Soul

The power of soul is ethereal
Beyond the language of material
No matter how we nullify it
It always comes to be genial

Though books are being written
The words are being spoken
The secret of soul is still unbroken
The power of soul is infact unshaken

Life makes a game
That hardly comes same
And it is sane to say
We have nothing to claim

We are the one who possess the gem
The brain indeed is the precious one
The chance is here to break the chain
And be as free as soul sustains

Prof. Surabhi Singh
Associate Professor, JSB

Happiness lies deep within us, in the very core of our being. Happiness does not exist in any external object, but within us. Though we seem to derive happiness from external objects or experiences, but the happiness that we thus enjoy, in fact, arises from within us. One positive person can spread happiness to more than 1000 people. Happiness is bold, courageous, audacious, challenging. You have the power to choose happiness and spread it.

"Happiness is not something ready-made; it comes from your actions". -

The Dalai Lama.

Shri Shri Ravishankar on happiness:

Just do a reality check in your day to day life. Check whether you remain stressful, tense, disturbed in mind or you remain calm, peaceful, and happy in mind. If you remain stressful, tensed, disturbed then it shall lead to unhappiness while if you remain calm, peaceful then you shall be happy in life. We see this world through our mind so if our mind is peaceful; we enjoy the beauties of nature & love being born to enjoy this life.

Dr Santosh Singhal
Associate Professor, JSB

How to Improve Your Happiness

Here's the best way to think about it: Life is like driving a car. There are multiple destination we can drive to: some of them pleasant, some of them unpleasant; some of them rich and exciting, some of them poor and horrifying. Everyone assumes that their happiness is determined by which destination they drive to. In fact, we're so convinced of this that we spend most of our lives focused on driving to the best destination possible and getting there as quickly. But research shows that where we drive isn't what makes us happy in the long run (as our psychological immune system showed us). In fact, what increases our baseline happiness is how much control we feel we have over driving.

Following ways can be helpful to be happy

- **The first** point on how to be happy is to look at the world where there are greater and bigger problems. Then, your problems will appear smaller. The moment your problems appear smaller, you will get the energy and confidence to deal with it or solve it.
- **Second**, we should not have expectations from others, because, if these are not fulfilled by them, we feel unhappiness.

- **Third**, look at your own life. In the past, you had many problems. They have all come and gone. Know that even this will go and you do have the energy and power to overcome it. You will confident by understanding and looking at your own past.
- **Fourth**, and most important, do some breathing exercise.
- **Fifth**, Have the confidence that you will be helped in problems; a power in the universe is going to help you. But you have to give your 100% to solve it.
- **Sixth** and last one give time to yourself. Don't be a machine who is always working.

"Happiness is the ultimate end and purpose of human existence"- Aristotle

Happiness or Happy Moments



Most of us probably do not know the difference between happiness and happy moments. What actually makes you happy, elated and cheerful? It is not possible to be happy by just getting good grades; by getting into a great college; having a prestigious career; having a certain amount of money saved; living in the right house or neighborhood; marrying the right person; having talented or well-behaved kids etc. - all of these are happy moments. Happy moments come with the achievement of goals and objectives whether these are short or long-term. Happy moments last till the next goal or objective arrives.

Situations, events and circumstances define happiness. Happiness is positive emotions of

human that always remain same in all the situations and circumstances. Range of positive emotions might be changed with the subject but positivity of joy, pride and gratitude never change. A research done by Sonja Lyubomirsky in 2007 elaborates happiness as "the experience of joy, contentment, or positive well-being, combined with a sense that one's life is good, meaningful, and worthwhile." His research also gives the calculative figure based on happiness. Lyubomirsky concludes that roughly 50 percent of happiness is determined by our genes and 10 percent by our life circumstance, but 40 percent depends on our daily activities.

Happiness is the journey of quality of experiences, it is an ongoing state of mind that allows you to be content and appreciate each moment and a way of focusing on the bigger picture.

Happiness is not at all about the collection of happy moments, it is rather a positive approach. Positive emotions help keep

positive attitude towards life and face every situation with smile; smile does not mean to fake smile. Research has also proved that happiness is more than simply positive mood, it is actually a state of well-being that encompasses living a good life—that is, with a sense of meaning and deep satisfaction.

Remember that it is happiness that brings success and not vice-versa. The secret to happiness actually is not at all related to setting goals and achieving them. The good news is that you can create happiness in almost any situation. We know of the stories of people who in moments of great hardship and even torture found happiness and joy, and at the same time we are also aware of the stories of those who seem to have great material, career or family success, and yet happiness seems to have eluded them.

Dr Radha Yadav
Assistant Professor, JSB

JAIPURIA INSTITUTE OF MANAGEMENT

INDIRAPURAM, GHAZIABAD



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Management Case Study Competition

On 28th January 2017, Saturday, Jaipuria Institute of Management, Indirapuram, Ghaziabad organized a Management Case Study Competition in the Institute Auditorium.

Real life Business cases on Marketing, Finance, Human Resource and International Business were forwarded to the students by the respective faculty and the event coordinators. These cases were – **“The downfall of Maggi Noodles”** (Marketing), **“The sufferings of Kingfisher Airlines”** (Finance), **“Attack on HR in Maruti Suzuki Plant in Manesar”** (HR) and **“Mc Donald’s Entry Strategy in India”** (International Business). The students formed groups of 5-6 members as per their interest and specialization and presented the cases with their strategic analysis in front of 4 judges and the spectators consisting of other fellow students and faculties. It was a great learning and fun experience for the students who no doubt were conscious about their own presentations yet were cheering their fellow competitors equally. This event helped the students to build confidence in them while analyzing these real-life cases.

MANAGEMENT CASE STUDY COMPETITION-FINALE





Debate Competition

Jaipuria Institute of Management organized a debate competition on 21st January 2017 for MBA students. The students enthusiastically participated in the event and expressed their views on various social, economic and political issues of national and international relevance. The debate provided an opportunity to all participants to express their views in a free and friendly academic environment. The competition was an expression of multi-faceted knowledge cutting across several disciplines outside the participant's normal academic subjects. The awards and certificates were distributed to the winners of the competition.



Sports Day



The **Annual Sports Day** was organized on 22nd February, 2017. The event was inaugurated by **Mrs. Manju Rana, Principal**, Seth Anandram Jaipuria School, Ghaziabad and **Prof. (Dr.) Daviender Narang, Director**, Jaipuria Institute of Management, Indirapuram, Ghaziabad. The students entered into the spirit of the occasion in a grand way with the National Anthem. The first match was Girls Cricket. Once the match began, the air was filled with cheering and encouragement for the students. Students of MBA competed in events including cricket, badminton, chess, carom, table tennis and volleyball.

Faculty and staff members also participated in events along with the students. The day ended with Prof. (Dr.) Daviender Narang congratulating the winners with trophies.



SPANDAN

"Distinguished Alumni Platform of Networking and Sharing"



"SPANDAN" an Alumni Talk Session was held at Jaipuria Institute of Management, Indrapuram, Ghaziabad, for MBA students on Saturday, April 22nd 2017 at 11 am.

The distinguished alumni were from reputed organizations like Yes Bank, GE, EMMAR Group and Gen X Technologies. **Mr. Devesh Kumar (Batch 2002-2004)**, Head Business Development, GenX Technologies, shared his views on current market trends and specific skills for upcoming fields in the business world like digital marketing and big data analysis.

Ms. Bhumika Singh (Batch 2010 - 2012), Assistant Manager, GE India, insisted on acquiring skills for financial sector. She emphasized on developing expertise in MS Excel and financial modeling. **Mr. Sarvesh Srivastava (Batch 2010 - 2012)** Branch Service Manager with Yes Bank, guided the aspiring managers to introspect and identify their traits for a particular specialization or career destination. **Mr. Saurabh Singh Rathore (2010 - 2012)**, Deputy Manager- Regulatory Affairs, shared his experiences and provided tips to the students in developing communication and interactive skills and their advantages for career growth. It was an interactive and a learning session

where the students got an insight into the corporate culture and the skills requirement for success in the corporate world.

The students discussed their queries regarding career advancements and employability with the Alumni in the open forum. It was an interactive platform where both the Alumni and the students got an opportunities to share their views.

Convocation of the course **"Life is a game- Play it"** in association with Shri Sathya Sai Seva Organisation

The Sri Sathya Sai Seva Organisation Convocation Program took place on 15th April, 2017 at Sri Sathya Sai Auditorium, Lodhi Road, New Delhi. The program was initiated by the Sathya Sai Faculty who gave a complete overview of the modules covered through the year. Our students shared their life changing experiences. Students were also awarded certificates. It was a very interactive session.

ADIOS AMIGOS 2017

ADIOS AMIGOS 2017- Farewell Bash 2017 was organized by Jaipuria Institute of Management on 6th May 2017 to cherish some more memories with the outgoing batch 2015- 2017 and to bid them GOODBYE. As a good start always gives positive vibes so too the event started with the lamp lighting ceremony which was followed by Saraswati and Ganesh Vandana. The event had dynamic performances including kawwali, comedy show, band performance, group and solo dance and singing performances. The event was full of games and amusing competitions between seniors and juniors like Mirchi eating and Ice paan. CEO face recognition game was also played to check the general knowledge of the students. Students took active part in modeling and were bestowed with various titles like Mr Farewell, Ms Farewell, Mr Handsome, Ms Charming, Mr Elegant and Ms Elegant. The event was well organized by 2016-2018 Batch. When the event was about to end, the outgoing batch celebrated their memories of the years spent in the institute by sharing a small video with the audience. The students had a great time dancing on their favorite tracks towards the end. It was a day full of rejuvenation for all the students and the faculty.

Farewell Party

FOR MBA BATCH 2015-17



Panel Discussion on Union Budget 2017

Jaipuria Institute of Management, Indirapuram, Ghaziabad organized panel discussion on Union Budget 2017 on 18th February, 2017 at campus for MBA Students. The panel discussion offered participants detailed insights into the Union Budget and its influence on socio-economic condition of the country. Nine panel discussions were held on sectors like Startups, Taxation, Real Estate, Agriculture, Infrastructure, Capital Market, Education, Banking and Power. An audience comprising of students and faculty were provided an overview of the Budget 2017 especially from the point of view of combining financial and railway budget for the first time since 1920 and budget post demonetization. MBA students actively participated in the panel discussion. **Prof. (Dr) Daviender Narang, Director**, Jaipuria Institute of Management, Indirapuram, Ghaziabad formally closed the session by announcing the winner.



Jaipuria Institute of Management, Indirapuram, Ghaziabad successfully conducted IT Fest 2017 on 8th April, 2017. MBA Students participated in various events like Mr. and Ms. Excel, Logo Designing, Assembling & Treasure Hunt, LAN Game, Photography, Video Making and adv Selfie. The institute provides a platform for the young managers to showcase their technical and innovative abstractions through this event.



Visit to Amul Plant, Manesar

Jaipuria Institute of Management, Indirapuram, Ghaziabad organized an Industrial Visit to Amul Plant at Manesar on Saturday, 25th February, 2017 for MBA Students. The Plant visit was conducted under the guidance of Mr. S.K. Singh, Sales Manager, Amul Plant. He explained the details before the actual visit to the plant. He also showed the students milk receiving section, operation section- milk section, curd section & ice cream section, dispatch section, automation and control room, etc. After the visit students were shown documentary regarding milk production. The students also had question – answer round. The plant visit benefitted both students and faculty members.

Visit to World Book Fair

As rightly believed, books are our best friends. Jaipuria Institute of Management, Indirapuram, Ghaziabad, with an aim to promote and develop reading habit among its students, organized a one day visit to World Book Fair, New Delhi with MBA students on 10th January 2017.



Faculty Development Program on Social Media Marketing



A two days **Faculty Development Program** on Social Media Marketing was organized by Jaipuria Institute of Management, Indirapuram, Ghaziabad on 26th-27th May, 2017. Mr. Varun Jaiswal and Mr. Nishant Neeraj experts in Digital Marketing explained all concepts of Social Media Marketing including Facebook and YouTube. The objective of this FDP was to provide clear and profound understanding about the Social Media Marketing. All Faculty members of Jaipuria Group were able to have a hands-on experience on various social media platforms.

Management Development Program on Goods and Service Tax

Jaipuria Institute of Management conducted a **Management Development Programme (MDP)** on 15th May 2017. The MDP was attended by the top and middle management executives of Ginni Filaments and the faculty and staff of Jaipuria institute of Management. The keynote speaker was Mr. R. S. Sharma, Advocate and Member of Supreme Court & CESTAT Bar Association. The speaker gave an overview of the Structure, documentation, regulations and procedural compliances under the GST Act. It further gave an insight into exemptions and integration of IT systems accordingly. The session was interactive and it focused on the practical issues of documentation and applications. It was a great learning experience for participants. The Speaker's efforts, knowledge and Information which he provided to the candidates were really effective and fruitful, & fulfilled the participants learning objectives.



Industry Interactions



NAVEEN K JAIN

Deputy Vice President &
Branch Head
Axis Bank Ghaziabad
Date : 5th Jan 2017



KARAN KAMAL

HR Manager
Axis Bank Ghaziabad
Date: 5th Jan2017



ZENO DONG

Director Marketing
OPPO Mobiles
(NR) Pvt. Ltd.
Date : 19th Dec 2016



ANKITA TRIPATHI

Executive HR
OPPO Mobiles
(NR) Pvt. Ltd.
Date: 19th 0&2016



AMRESH MISHRA

GM-Human Resources
TCI EXPRESS LIMITED
Date : 12th Dec 2016



B SUMIT KUMAR

Vice President - North
TCI EXPRESS LIMITED
Date: 12th Dec 2016



NONU GUPTA

Chief Marketing Officer
Maya Buildcon Pvt. Ltd
Date : 24th Nov. 2016



AKSHAY DEPAK

Head Sales
Maya Buildcon Pvt. Ltd.
Date : 24th Nov, 2016



AJAY JHA

Regional Head Sales
ICICI Securities Ltd
Date : 23rd Nov 2016



HEMANT KUMAR

Regional HR (Campus
Recruitment)
ICICI Securities Ltd.
Date: 23rd Nov. 2016



SUSHANT LOK

HR-MGR
ACS Consulting
Date: 7th Nov, 2016



SURENDRA JAISWAL

Senior Manager
ACS Consulting
Date: 7th Nov, 2016



ANITA SINGH

HR Manager
Zeon Life Sciences
Data : 24th Oct, 2016



DISHA

HR Manager.
Just Dial Services M Ltd
Date : 22nd Sep 2016



SMITA

HR Manager
Just Dial Services Pvt. Ltd
Date: 22nd Sep 2016



TEHZEEB USMAN

Sales Manager
Just Dial Services Pvt. Ltd
Date: 22nd Sep 2016



ISHA GOEL

Costing Manager
Zeon Life Sciences
Date : 24th Oct. 2016



AKASH DASH

VP-Sales
Green Tek
Date : 8th Oct. 2016



PRASANT NAGAR

Regional Head Sales
Just Dial Services Pvt. Ltd
Date: 22nd Sep 2016



JUHI BAKSHI

HR Head,
Jaro Education
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'Happiness is when what you think , what you say, and what you do are in harmony'.
- Mahatma Gandhi



LEVERAGING THE VALUES of leadership for HAPPINESS of STUDENTS and FACULTY in Management Institutions.

Management Institutions are sacred places – temples of knowledge , where foundation of students is built to lead a happy life by developing their knowledge base, leadership qualities and soft skills. This is accomplished by leveraging values of leadership of directors and faculty of the institutions . In order to fully appreciate the importance of happiness through overall development of students , it is essential to understand and leverage values of leadership of stake holders in a management institution .

Core Leadership Values

A leader is someone who galvanizes people around him, with a very focused vision for a common good , which may not necessarily be business related. He must have an ability to envision and move people around that. Leader should lead by example. At an individual level, a leader is a person who helps people to grow in accountability, responsibility , stature and encourages them to lead.

With context to management institutions, it is evident that vision of institute is far broader than share holder's value creation. In case of institutions, all actions of faculty , director and management converge in developing students so that they become future leaders

to shoulder higher responsibilities successfully and lead a happy professional and personal life.

Values are guiding principles in our lives. Leadership qualities may be leveraged within the context of core values. In the management Institutions, Director and faculty guide and facilitate students to make a positive difference in their lives . The core values may be described as follows :

- **Respect and Appreciation**
- **Honesty and Integrity**
- **Authenticity**
- **Courage and Humility**
- **Listening and Communication skill**
- **Passion and Enthusiasm**
- **Innovation and Creativity**

Happiness in Students and Faculty

Students in management institutions aspiring to become leaders need to stay hungry for knowledge , skills and development . The students become happy when they get recognition in class rooms as well as in extra curricular activities in which they participate as a group. They become very happy when they are selected in placement processes. The faculty involved in academic and non

'Success is not key to happiness.
Happiness is the key to success.
If you love what you are doing,
you will be successful'.
- Albert Schweitzer

academic activities of students becomes happier to see their students being selected in placements and appreciated in Summer Internship for their project work undertaken and completed by them successfully. Faculty becomes happy when they see that their students are happy. Faculty plays an important role in helping students achieve happiness. **According to Dalai Lama 'You are happy when you help others become happy'.**

Faculty can help students in their development for leading a happy life by adopting following measures:

- Develop a positive student teacher relationship with each student. Mentorship Programme is useful for developing long term relationships between students and faculty.
- Engage students with relevant and interesting lessons . Case study method may be more useful.
- Carry out strength and weakness analysis of students and work on improvements.
- Make each student feel special and inculcate self esteem in them.
- Appreciate and award students for their academic and non academic achievements.
- Ensure involvement and participation of students in the class room and in extra-curricular activities for learning and outside for skill development.

Apart from guiding students for overall development, the faculty should also encourage the students to understand the real meaning of happiness explained in Bhagvadgita : Chapter 14 , Verse 24)

**समदुःखसुखः स्वस्थः समलोष्टाश्मकायनः।
तुल्यप्रियाप्रियो धीरस्तुल्यनिन्दात्मसंस्तुतिः॥**

Shri Krishna said to Arjuna : One who is situated in self (soul) and behaves same during happiness and distress , one who looks upon a lump of earth , a stone and a piece of gold with an equal eye , one who is equal toward the desirable and the undesirable , one who is situated equally well in praise and blame is the one who is of steady mind. Such persons lead a happy life.

Prof. (Dr.) I. B. Singh
Jaipuria Institute of Management

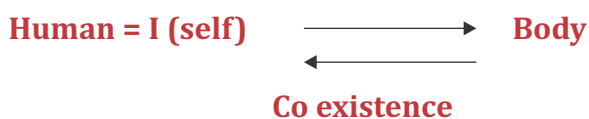
UNDERSTANDING HAPPINESS



Happiness is a state of mind which is believed to be universal in nature. It is a desirable state, consciously or unconsciously motivated in all that we do by our need for happiness. The desire for happiness is eternal and we always want to be happy and prosperous in our life.

What is happiness? Happiness is the state of liking or a state of harmony. This state is not for a certain time or moment, it is continuous and is needed every moment we live. In order to achieve this harmony or state of happiness there should be a clear understanding that we all want continuous happiness.

To achieve continuous happiness it is important to analyze the existence as a human being. Human being is a coexistence of "I" and "Body".



It means that human being has a body and Self (Jivana). This self can also be termed as consciousness. We perform a number of activities by our body like sleeping, walking, eating etc. These activities are done only when we consciously choose to do so or we can say that the self or the jivana decides to perform and the body acts. To live in continuous happiness we have to identify the need of **BODY and I**.

The need of body is food, shelter, clothing and physical facilities and the

need of I are respect, justice, freedom, love, satisfaction etc. Hence we can conclude that the need of **I and body** are different. Happiness is need of self or Jivana and it is not physical in nature. Physical facilities cannot ensure continuous happiness, say for example we cannot be happy by eating continuously, the need of I are to be identified for continuous happiness. When we self explore this need of I, we have a clear understanding of '**why I am unhappy?**'

When we are in a situation of conflict or contradiction we are in the state of unhappiness or in a state of disharmony. The problem today is we have a set of desires and expectations which are based on preconditioning and these desires and expectations keeps on shifting which leads to stress and tension causing unhappiness or contradictions.

This unhappiness is reflected in our unpredictable behavior but we all want to be engaged in a conduct that ensure happiness in behavior can be achieved if we have a clear understanding of assuming (Manana), recognizing (Pahachanana) and fulfilling (Nirvaha Karna). When we assume correctly it will help us in recognizing and knowing what are our needs to be happy and ultimately lead to a feeling of fulfillment. This feeling of fulfillment or harmony is the state of happiness.

Nidhi Mathur
Jaipuria Institute of Management

Happiness as per GOOGLE is 'the state of being happy' and the corresponding sentence to explain the meaning is 'She struggled to find happiness in her life'. It is ironical that a child can find his supreme happiness in a petty thing like a straw and an adult cannot, even after possessing the most expensive things.

We all are in the pursuit of Happiness from time infinite. All our deeds are somehow aimed towards finding it in our lives. Be it eating our favorite dish, watching our favorite movie, passing an exam, achievements of life or even the quest for life itself!

The QUEST for HAPPINESS goes on!

This is a matter of deep thought that the happiness we try to find is a very temporary affair. We might find it in buying an IPHONE 7 or an AUDI A3 or getting a package of 20, 30 or 40 lakhs but we will still have a lot to look upon. An IPHONE 8 would launch soon, Audi has even better models and there are people earning 1Cr also. Happiness is something which is temporary in nature as it has been materialized and material things do outdate and so will be the happiness received from them.

Have you ever thought that the journey towards achievement is more fulfilling and

joyous than actually achieving it! And funny it is that the joy procured on achievement of a long awaited thing fizzles out as soon as you achieve it. We need to stop and introspect as to why everything loses relevance once it is achieved? A particular thing we were dying to achieve suddenly loses its relevance as soon as it is achieved.

Name or Fame both bring a temporary happiness which goes away and the soul searches for more. Each individual has a different source of happiness. When asked from students it was a good placement and when asked from the ones who have achieved it and are working in reputed corporate, it was a promotion; when asked from the ones promoted it was again a higher promotion. The journey goes on and on like a vicious cycle which will never come to an end and happiness surely will be for a moment and will fizzle as fast as it will appear.

Real Happiness comes by our choice to remain happy. One needs to be joyous without any reason because all the reasons will come from the exterior and not from the interior.

Happiness should not be dependent on outer factors but inner factors and the choice to remain happy.

Happiness

**An option,
A choice or
A feeling?**

Sanandi Sachdeva
Jaipuria Institute of Management

**MAKE A CHOICE!
CHOOSE TO REMAIN HAPPY AS
HAPPINESS IS NOT SOMETHING
READYMADE. IT COMES FROM YOUR
OWN ACTIONS.**

When one chooses to be happy one will witness Bliss, Bliss is permanent and Happiness is temporary, Happiness is dependant and Bliss is not.

**Enjoy each phase of life!
Enjoy each journey of life!
Enjoy to excel in life!
Enjoy all Dualities!
Enjoy Relations!**

But never allow your happiness to be dependent on external factors.

SETH ANANDRAM JAIPURIA SCHOOL

VASUNDHARA



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School Achievements



'The battle of waterloo was won on the playing fields of Eton'

An excellent starting point for a classroom discussion on the nature of education! However there can be no debate about the fact that academics and extracurricular activities not only free the spirit but also develop character and leadership. At Seth Anandram Jaipuria School, Ghaziabad, the teaching faculty as well as the students under the dexterous leadership of the Principal cum Director aspire to be professional competitors or performers and handle each accomplishment with effort, skill and aplomb.

- School has been ranked among **Top 15 Green Schools of India** by **Centre for Science and Environment** in February 2017.
- The school was inducted as a Member of **National Progressive Schools Conference** at the 44th Annual Conference of NPS held on 17th February 2017 at the India International Centre, New Delhi.
- Principal cum Director Mrs. Manju Rana was awarded with the **Certificate of Achievement** for her valuable contribution made to the school business as part of the **School Enterprise Challenge – 2016**.
- The Principal cum Director **Mrs. Manju Rana** was conferred with the **Best International Principal Award** in the International Category, by Science Olympiad foundation, for the fourth consecutive year.
- **Ms. Dolly Hajelay** and **Ms. Ella Kapoor** were adjudged and awarded **Best Teacher in International Category** by the Olympiad Foundation.
- **Ms. Sonal Srivastava** and **Mr. Sanjay Raghav** have been adjudged **Best Teacher** at District level by the Olympiad Foundation.
- **Mr. Sanjay Raghav** and **Ms. Mahima Bhatt** won the **CENTA Teaching Professional Olympiad 2016** held on 3rd December 2016.
- **Dr. Rajyashree Singh** and **Ms. Madhavi Goswami** achieved the **Green Belt Certification** with a **Distinction in Global Career Counselling** in February 2017.
- The school ranked at the **1st position in the Savior's Olympiad for the session 2016-17**. Angad Verma Class VIII achieved second rank at the National Level, whilst Arna Adhikari Class V and Gauri Gupta Class III achieved third rank at the National Level along with cash prizes.
- **Astha Bisht** Class XII (Session 2016-17) was felicitated by **Commerce Teacher's Foundation** for being adjudged as the **Topper of International Commerce Olympiad – 2016** in a felicitation ceremony, 'Milestone- Celebrating a Decade' held on May 13, 2017 at Chinmaya Auditorium. **Coordinator Ms. Meenu Chandok** was also felicitated for the same.
- **Aritra Ghosh** Class XII (Session 2017-18) has been selected for the **Times NIE Summer Training Programme 2017-18**. He will get the opportunity to work with the Editorial Team of the 'Times of India' Student Edition.
- **Parth Saxena** and **Charlotte Justin** class XI received **High Commendation**, whilst **Shelly Dwivedi** Class X and **Anisha Goel** Class X received the **Best Delegate** and **Special Mention Awards**, respectively at the **India International Model United Nations (IIMUN)** held at Allen House School, Ghaziabad from 26th to 28th May, 2017. **Aviral Agarwal** and **Mithil Agarwal** of class XI also participated in the event and the entire team won the **Best Delegation Award**.
- In **National Astronomy Olympiad** **Vishank Singh** of class VII clasped first rank at national level and won the cash prize of rupees 100000.



Class - XII School Toppers

Total **120** students appeared in examination and **116** secured distinctions.

62 out of **120** secured above **90%**.

School average aggregate is **89**

18 students have cleared **IIT** mains examination.

6 students have cleared the prestigious **NEET** examination.

In class X Examination also our students made us proud as **50** students scored a perfect **10CGPA score**

Highlights of the Result



Tushar Vohra
Science- 96.5%



Shivangi Goswami
Science- 96.25%



Tushita Hora
Science 95.75%



Rhythm Gupta
Commerce – 97%



Aastha Bisht
Commerce - 96.75%



Anvita Goel
Commerce – 96.5%

- School Topper – **Rhythm Gupta** with an aggregate of **97%** (Commerce)
- **Aastha Bisht** stood second with an aggregate of **96.75%** (Commerce)
- **Tushar Vohra** secured third position with an aggregate of **96.5** (Science)
- **ShivangiV Goswami** scored 100 in Mathematics.
- **Mishita Mittal** scored 100 in Biology.
- **Rohit Goel & Shruti Mishra** scored 100 in Economics.
- **Ishita Chaudhary** scored 100 in Business Studies.
- **Tushita Hora & Sanjeevani Singh** scored 100 in Psychology.
- **Abhishek Saini & Harsh Deshwal** scored perfect 100 in Fine Arts.
- **Anant Aggarwal, Kshitij Vats, AasthaBisht, Aniket Mishra & Shubhranshu Srivastava** secured highest 99 in Physics, Chemistry, Accounts and Physical Education respectively.
- **Rhythm Gupta, Varnika Tyagi, Bhavya Sharma & Maanya Chaudhary** scored 98 in English.
- **Supragya Upadhyay** scored highest 97 in Computer Science.

ENO (Environment Online)



Act Now! recommends the initiatives towards the protection of the mother Earth from damage without further delay and is a biennial conference for schools, children, youth and stakeholders, organised by ENO Programme Association. Since the first Act Now in 2011, it has gathered together over 5 000 participants from 52 countries.

The Principal Cum Director, Mrs. Manju Rana & the Head Mistress, Mrs. Indu Kohli attended the conference from 13 - 17 June 2017 in the city of Joensuu, Finland. The guests that included teachers and students from Taiwan, Iran, Turkey, Egypt, Belarus etc. were welcomed by the Head Organiser Mr. Ville Tahvanainen. He iterated that trees remind us of nature and the importance of environmental protection. Further, he added that it is symbolic of cooperation among people, supporting cultural diversity and tolerance.

The main objective of Act Now! is to work for the Environment and Peace not only locally but globally, around the world, together with thousands of schools and youth from all directions.

Eno Peace Park, a small park in Tree Parkland was established in 2010. It symbolizes the ENO virtual school's sustainable development targets and the desire to construct a better world. Here tree plantation was done by different countries with their flags.

Tree plantation is a part of giant campaign by Environment Online – ENO, that intended to

plant 100 million trees. Together with the commitment of 10 countries, the number that sounded challenging for a voluntary grassroots network, the goal is already achieved with 103 million trees planted. The message sent across is of hope of sustainable world.

The participants were then taken to the botanical garden, 'Botania', that supports Biology and Forestry. A well maintained green house with world's largest assemblage of colourful butterflies was a treat to the eyes. The student's learnt how climate brings in adaptation in plants.

Koli, a small village was no less progressed as greatest care is taken of national landscape and geology in a zone that covers the highest tops. Koli's terrain is diverse with a great number of dissimilar biotopes, thus lending a great variety of multi-form species.

The app. 'Envirate' that brings mass, net based scoring to environmental evaluation, was launched on June 15th 2017 as a part of the International ENO, net school's 2017 Act Now conference.

On the final day 100 spruce seedlings will be planted together with great Finnish orienteering festival, Joensuu-Jukola 2017. Around 16 000 people from over 20 countries had gathered to orienteer in local forests. The spruce of future was planted by the President of Finland, Mr. Sauli Niinistö. The conference provided cultural exchange as the students gave a glimpse of their culture, customs and traditions. They also gave presentations and shared the activities



they do to conserve nature. It inculcated in the young minds the need for environmental protection. It provided an opportunity to the participants to interact with each other on diverse issues and exposure to the local facilities, transportation, cleanliness, protection of natural resources & administrative support etc. It promoted brotherhood among the participants.



Happiness Week

**“Let your smile change the world
But don't let the world change your smile”**

On completion of one year of the new Pre-primary wing, the school celebrated happiness week from 10th July to 14th July 2017. The entire Pre-primary wing was decorated with smileys, balloons, thoughts on appreciation and quotations. The week comprised of exciting activities, for each day with a resolve to spread positivity and pleasure in the atmosphere. The children were given worksheets on happiness on the first day, where they shared their views about things which make them happy. On day2 - Principal's Appreciation Day students had put up a small presentation and planned an interactive session with Principal Director Mrs. Manju Rana.

She was overwhelmed with bliss on hearing the enthusiastic tiny tots. After the program, a cake was cut and candies were distributed among the progenies. To bring in more cheerfulness and laughter the third day was followed by a puppet show. A yummy Ice-cream treat was thoroughly relished and enjoyed by the posterities on the fourth day.

The happiness week concluded with a class party where the little ones brought smileys and mouth-watering party food to be shared amongst them.





Graduation Ceremony



We stand proud witness of a new beginning, as our little ones move onward from Kindergarten to Grade one, yet another new beginning in their life. The Graduation Ceremony of Class Prep was organised on two days. **Dr. Daviender Narang**, Director Jaipuria Institute of Management, was the chief guest on day I and **Ms. Rashmi Singh**, Chairperson of Hand in Hand Pre-School and Day Care presided over the function on day II. **Ms. Sunita Jaipuria**, Vice Chairperson of Seth Anandram Jaipuria Educational Society graced the occasion as the **Guest of Honour**.

The special Graduation Ceremony marked a time of transition as everyone came together to enjoy a wonderful performance put up by the children. They welcomed the parents with “**Shiv Tandav**” on day 1 and “**Stuti**” on day 2 and even presented songs & dance performances. They were very confident and performed beautifully doing their parents and teachers proud. They shared their joyous experience of two years spent in the Kindergarten. This was followed by the Graduation Ceremony. The children looked very confident and impressive in their graduation gowns & caps. They were handed over the citations by the Chief Guest, the Guest of Honour and the Principal cum Director, Ms. Manju Rana who also expressed her appreciation and thanked the entire team for their hard work in making the event a memorable one. Ms. Rashmi Singh in her address emphasized the significance of the role of parents & teachers in helping children grow and bloom.

The program was attended by over 1000 parents. Also present on the occasion were the Vice Principal Ms. Sarojini Sinha, Head Mistress Ms. Indu Kohli and the Pre- Primary Coordinator Ms. Kabila Rawat.



Indu Rai
TGT, English

Don't Worry. Be happy!!

The title song of Bobby Meferrin, was often on my lips in my teens . Life was full of excitement, thrill, adventure before the pressure from peers, parents and life started to take a toll on me. But, humming away this mantra was the key to my happiness. I believed, a life with no worries meant that, I'm happy. Swaying to the music of peppy romantic numbers of Kishore Kumar was my idea of happiness. Doing things my way, was my path to happiness.

Time flew and so did my idea of happiness. It dawned on me that though I was happy ,people whom I loved the most in my life ,were somehow not happy with my bubbly disposition.

It was time for a reality check , just when the ignorant me decided to leave home to gain knowledge.

Out I flew, and very soon, stepping into the

new world around, my new version of happiness had changed. Amidst a group of unknown people, I realised what happiness meant! It was the daily smiles, the cares ,the hugs, the affection, the teases, the humming of the same favourites and the naughty chats in the late night hours, that brought such warmth and glow, akin to happiness.

It dawned on me ,that happiness was merely a disposition of the heart, to feel good, nice, free and comfortable. The source could be anyone ! Your friend, an event, a scene, a student in school or even a half naked child playing on the roadside. Listening to poetry, playing with a dog, smiling at an old photograph, praising my colleagues , helping an ailing friend, lending a hand , all gave me great happiness. It was a sense of satiation. It elated my soul, invigorated my inner -self and incited me , to do such things more often.

And yes! Today I firmly believe that my quotient of Happiness can be calculated only when I give away more than what i have received. **I'm happy, I don't worry.**

**Happiness
is a journey,
Not a destination. !!!**



Happiness Quotient Decoded

The eternal quest for the elusive state of mind called 'happiness', probably began with Pandora, who found happiness in quenching her curiosity by opening the box. This word has intrigued great philosophers such as Aristotle, Plato, Socrates, Adi Shankaracharya and other stoics. Albert Einstein wanted "a table, a chair, a bowl of fruit, and a violin" to be happy and according to Gautam Buddha 'happiness' is ultimate 'freedom' from suffering. 'Happiness is not in this heaven or in that heaven, it is in the soul; places do not signify anything' preached Swami Vivekananda, who also believed that happiness and misery were the two sides of the same coin, as proved by Pandora.

As stated in happinesshunter.com (in the quest that still continues) happiness quotient is 'A basic tool designed to help you understand how you feel about where you are at across The Seven Elements of your life.' The essence of life lies in integrating the The Seven Elements namely fitness, family, work/career, fun/fulfilment, friends, finances and vision. For once, I feel glad that computers and gadgets were not present when Shankaracharya and Swami Vivekananda were gracing the planet.

Development has added a new dimension; success, entertainment, status and materialism have redefined happiness. The gradual shift from virtue and good, to worldly possessions, has given rise to the state of depression which is prevalent in several

humans irrespective of their age. Comparison and ingratitude have paved way for restless human souls, who mistake happiness for instant gratification. A person devoid of worldly possessions cannot be deemed to be happy, which is precisely the state that Lord Siddhartha and Swami Vivekananda chose.

Indeed, only after the modern man has achieved all materialistic objectives will he understand what Christ has very rightly preached, to our desire for wealth, Christ says, "Blessed are the poor in spirit." To our desire for painlessness, he says, "Blessed are those who mourn." To our desire for conquest, he says, "Blessed are the meek." To our desire for contentment with ourselves, he says, "Blessed are those who hunger and thirst for righteousness." To our desire for justice, he says, "Blessed are the merciful." To our desire for sex, he says, "Blessed are the pure in heart." To our desire for conquest, he says, "Blessed are the peacemakers." To our desire for acceptance, he says, "Blessed are the persecuted." And to our desire for more life, he offers the Cross. And now this man carrying his cross to Calvary even dares to tell us, **"My yoke is easy and my burden is light."**

Priya Mohan
PGT English



Happiness Quotient

Nafisa Hussain
TGT English

To be happy and find happiness will hold different meaning for each of us. What is happiness and what is one's happiness quotient? Topic that has been debated since time immemorial. Many a books have been written on them, philosophers over centuries have mused over it. Quotes on happiness abound in number.

A very subjective noun, happiness holds different meaning in everyone's life. For some happiness can be a walk in the rain after a hot summer day or licking away their favorite ice cream flavor. For others it can be a kind word or some appreciation from the ones they look up to. A time well spent with loved ones, a cozy afternoon reading a favourite author, cooking, gardening, or playing with a child –anything and everything can add up to your happiness quotient. There are many who say their threshold of happiness is very high and it is difficult for them to be happy easily.

But the simplest truth in attaining happiness lies in the fact that the lesser one holds on to past baggage, unpleasant surroundings and people, it is easier to be happy. As the saying goes, '**Ignorance is bliss**'. This is most evident in children. Their memory is limited. They don't take any slight to heart. Their quarrels are short-lived. No wonder being childlike helps. It adds on to our happiness, lessens our sorrows.

Whatever we do, whatever we be, if being happy is a part of our nature and it emanates from our internal being, and then we don't need anyone or anything. Live in the present taking one step at a time, marvel at each day's blessing that God bestows on us, and Voila!, one will find, we are the happiest of the lot.

Happiness Defined

“Being happy doesn't mean that everything is perfect. It means that you've decided to look beyond the imperfections.”

People have been distressed over the question of what happiness is, for centuries. If you ask people, what is happiness and what does it mean to them, you will possibly receive many different answers to your question. Most humans run behind comfort, money and power. One seldom thinks about the integral aspects that are overlooked and ignored in this race. Thus, one pays a high price that leaves one isolated from inside, though ostensibly one may be surrounded by a crowd. Anger, fear, suspicion, and attachments are the greatest impediments in attainment of happiness.

Inner happiness is a combination of how satisfied you are with your life and how good you feel on a day-to-day basis. Happiness is like the sun, often hidden by the clouds of thoughts, fears and aspirations. You need to disperse the clouds of your thoughts and doubts to experience happiness. All you require is composed mind and serene feelings, because when the mind is calm, inner peace descends and happiness emerges from within you. Happiness is an inseparable part of your awareness, of your soul, and comes when your mind is free from agony and incessant thinking. The human mind is regularly battling with one thought after the other and is never at peace. This agitation conceals the happiness within, once the mind gets quiet you experience the happiness that is within you because happiness lies in the joy of achievement, in the thrill of creative effort. Even the experience of mystics down the ages has shown that happiness is inherent in our souls; it is not something to be gained anew. What all is imperative, is to uncover it.

If you diffuse the thoughts and worries that fill your mind, you will savour innate happiness. You can do so by any technique that slows down the persistent surge of thoughts and wrath in your mind. This could be by involving in something you love doing, taking a walk or tending the plants in your garden before sunset, listening to music, helping others, indulging in creativity of any kind or by meditation. Enjoy and don't let the behavior of others destroy your inner peace. Do good with a reverent heart without much expectation, you have the ability to control how you feel—and with practice, you can have a more satisfying and fulfilling life.

Dr. Rajya Shree Singh
PGT English

“True happiness comes from having a sense of inner peace and contentment, which in turn must be achieved by cultivating altruism, love and compassion, and by eliminating anger, selfishness and greed.”

Dalai Lama

Music for All

"Music is the great unison. An incredible force. Something that people who differ on everything and anything else, can have in common."

Empowering and encouraging children through Classical arts and culture.

Sangeet 8 all is the first Indian music curriculum with a judiciously explored pedagogy that provides the young child with a compact footing in music. This multi-sensory curriculum empowers and brings children closer to their rich cultural heritage and propagates life-long love for music. It is based on the philosophy - **Music is the universal language of mankind** and all children are melodic and deserve to be engaged in an amusing way with their cultural heritage. This curriculum is based on a combination of the age-old traditions of Indian music and internationally developed teaching methodology, pedagogy and innovative resources.

Prominent Indian classical artists **Pt. Shubhendra Rao & Ms. Saskia Rao-de Haas** developed **Sangeet 8 all** Curriculum to bridge the tradition with modern methods, visualizing the role of Indian Music Education. The school has initiated in the contemporary, International drive to enrich the lives of children by honouring their heritage and their birth right to a creative and musical foundation in a panache that meets the developmental requirements of children.

It includes original songs, stories and activities to introduce beginners to advanced musical concepts in a way appropriate for early education. The parents and educators love these classes as they not only involve the learners but also encourage expression while providing eloquent musical foundation and knowledge of their cultural heritage. Here no child is left behind, making them all creators. Children enjoy not only music but learning too. They are exposed to rhythm and cadence which makes education exciting and motivating. Music has been intricately integrated in the latest curriculum.

SETH ANANDRAM JAIPURIA SCHOOL

KANPUR



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The wise mind speaks...



Honourable District Magistrate of Kanpur city, **Dr. Kaushal Raj Sharma** visited our school on the morning of 5th January, 645¹ and addressed the students of Class XI. The interactive session was held in the Computer lab of the school, where Dr. Raj elaborated upon the entire electoral process to the upcoming voters.

Right from the nomination process to the canvassing, all the nuances were very elaborately explained by the speaker. The EPIC card, ballot machine, ballot paper etc were also shown to the students for easy understanding. The Election System, Symbols. The Constituencies, the Returning Officers, the Electorate, Party System, Members of the Legislative Assembly etc were the terms that were described in detail for the benefit of the students. The need to wisely & actively participate in the elections was stressed upon.

The hour long session was interesting and became even livelier when Dr. Kaushal Raj answered the queries of the inquisitive students.

The District Magistrate was extended a warm welcome by the school Principal, who also thanked him for his valuable time. Dr. Raj assured that he would visit the school again for an interactive session related to career counseling of the students.



Junior Adventure Camp



Amidst cold air, dark night, warm fire and bright stars, an adventure camp for students from classes 7 to ² was held at the end of the academic session, 645⁰-5¹. Camping in the school provided refreshing and stress-busting fun to the students hence the camp was an activity much awaited by the students.

The various adventure activities like Rappelling, Burma Bridge, Wall climbing, Zorbing, trekking added to the excitement.

The children started trekking early in the morning across a track uphill and down. They enjoyed the 8 km track with some rest and snacks at the Massacre Ghat, on the banks of river Ganges. Modern lifestyles, lack of safe play options, more concrete, longer school hours are just some of the reasons children do not get to play outdoors, hence this adventure camp was a gateway to nature for the students.

They were on their own-away from their comfort zone, and in the lap of nature. The teachers monitored and lent a helping hand whenever required. Sitting around the bon-fire filled their hearts with warmth and love and helped in the kinship. The students also prepared a cultural show. It was a fantastic time for the students to learn and realize that the OUTSIDE is the new INSIDE.





Graduation Ceremony

one step at a time



"Graduation Ceremony, is a conclusion of one chapter and the beginning of another."



On 65st March, 645¹, we celebrated the **Graduation Day** and complimented the children of Class Prep for the hard work and efforts made by them in the Academic session 645⁰-5¹. The show started with a message, **The greatest wealth is health** by presenting a rhythmic yoga. The kids also said the “**two little magic words**”, that is **Thank You** to their teachers in the form of a vibrant song. It showed their enormous love and affection towards their teachers and mentors.

“Sometimes, you will never know the true value a moment till it becomes a fond memory, so it’s the time to celebrate”-with this feeling in our mind, we celebrated the day by presenting a colourful Holi dance.

The kids were felicitated and blessed by the Principal, the Senior Academic In charge and the Headmistress.

It was a phenomenal show presented by Class Nursery and Class Prep, paving way for the Prep students to step into the world of formal education.



Sporting Delight 2017



The Annual Sports/ Republic Day: Patriotism and Pride is how we define happiness. The school celebrated the spirit of being a Republic on 6⁰ th January, 645¹ in its lush green fields. **Colonel Dushyant Singh, S.S.O. Cantonment., Kanpur** graced the occasion with his benign presence as the Chief Guest. After the unfurling of the flag the school choir presented melodious patriotic songs. Relevant speeches were delivered by students that truly reflected their feelings of gratitude to the freedom fighters and expressed their vision for future India.

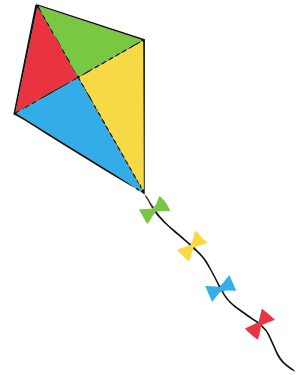
A well synchronized march-past and P.T. display was put up by the students. Prizes were distributed to the meritorious students of Classes I- IX and XI by the Chief Guest and in his speech, he admired the students for their hard work.

Vote of thanks was extended by the Headmistress, Mrs. Madhushree Bhaumik and the program came to a close with the National Song.



"Kites fly the very highest against the wind...because of opposition."

Spring Fest



Flying kites is a popular sport in our country. From the auspicious Makar Sakranti day to the colourful festival of Holi, one sees the blue sky dotted with kites in all shapes and hues. Our school celebrated the **Spring Fest on the 59th February, 645¹**. Dressed in floral prints the girls wore tiaras and the boys wore garlands made of marigold flowers. The excited children were taken to the school garden for kite flying after which they also danced to the rhythm of music.

What added to the fun was the teachers joining the children and making the occasion a lively one.



"On the sands of time, leave your footprints behind...."

FAREWELL - 2017



AU REVOIR



That's exactly what the outgoing batch of Class XII of Seth Anandram Jaipuria School did, when they were bid adieu on the 7th of February, 645¹. The bittersweet afternoon saw dapper young men, dainty damsels in designer suits and vibrant sarees respectively, ready to make the occasion a memorable one.

The juniors from Class XI left no stone unturned to bring to life the theme by creating a befitting ambience with cutouts of boats, yachts and a beach with fishing nets, and starfish. The guests were extended a red carpet welcome, with red roses and a photo booth for memoirs.

After the lighting of the lamp, our Principal solemnly lit the lamp of knowledge and passed it on to the teachers and students of Class XII who further passed it on to their juniors (Class XI).

A scintillating cultural programme in keeping with the theme was staged by Class XI students along with one minute games and a revue show. The Principal and teachers blessed the students and sumptuous lunch followed the performances.

Amidst tears and smiles, the students sought blessings from their teachers, clicked photos and bade goodbye to school life, to take on the bigger and better challenges of life.

All the best to the batch of 645⁰ -645¹!





An Environment Friendly Trip



“The language of Nature is the eternal language of Creation. It is the musical instrument of nature: it replicates the rhythm inherent in life itself.”

These musical lines inspired us to plan a Nature Camp for Teachers and Office staff. **The Kukrail Forest and Ghariyal Conservation Centre** (Lucknow) was the venue chosen. On 54th April, 645¹ early morning at 1:74 we proceeded towards our destination. Kukrail Picnic Spot is a natural forest and sanctuary, at a distance of about ³ kms away from the centre of the city. The Ghariyal and Crocodile Rehabilitation Center was developed during the year 5³1² and was generously funded by the Uttar Pradesh forest department. The need for conservation of crocodiles was felt owing to the fast decreasing number of Ghariyals in India at that time. This Crocodile Sanctuary and breeding centre is perhaps one of the most renowned centers in India.

It was amazing to view different sections where ghariyals, crocodiles are raised from eggs to adult size. It was fun as the staff actively participated in different dares. In Brave Hearts, we located different sites with particular type of vegetation and geographical features with the help of a route map in forest. The medicinal garden reminded us of our own campus garden. The whole event was refreshing, exciting as well as educational because it was a plastic free trip.



“If we listen carefully we will be able to trace within it the murmurs of eternity where the spirit of liberation, peace and beauty lurk, it reminds us of our bond with the world If we can accept this music of the wild within us, we can perceive the great music of oneness...”

Rabindranath Tagore

Exploring the World of Business

It all began back in 644³ when the Bansal brothers launched Flipkart. With stories of college dropouts like Mark Zuckerberg, Bill Gates and Steve Jobs already doing the rounds entrepreneurship became the call of the time for the younger generation. In the consequent years, India witnessed a start-up boom, eventually paving way for the Prime Minister's Vision of Start-up India.

The Indus Entrepreneurs (TiE), a global organisation of industrialists, organises an annual business plan competition, titled the TiE Young Entrepreneurs (TYE) to foster entrepreneurship in the budding minds. TiE UP organized the sixth edition of its landmark program, the TYE Biz-Plan Competition 645⁰ - 5¹.

A buzz was created in the school as many students from Class XI submitted their business ideas in the initial round. Two teams comprising four students each were selected from the school.

The TYE Program commenced with an orientation ceremony at Hotel Little Chef where 59 teams comprising, 4 students, along with their parents, were in attendance. An enlightening talk was delivered by Dr. Alok Bajpai and all students were given a handbook.

The students then went to IIT-Kanpur for the classroom sessions on 2 consecutive Sundays. The classroom sessions were a once in a lifetime opportunity where each Sunday, an interactive session was held with an eminent speaker, each session covering a different aspect of entrepreneurship- Ideation, Business Models, Finance, Marketing, Communication and Presentation etc. The sessions were conducted by experts, the speakers ranging from IIT to IIM professors, from graduates of the London School of Economics to acclaimed Entrepreneurs. Each session was for four hours, with a snack-break in between. As an activity, each team was provided with two weeks of time to multiply it as much as they could. One team of the school undertook a plethora of activities- selling tea to morning walkers, lemonade and Maggi during afternoons to the youth and even organised a session on the nitty-gritties of the

Class X Boards for students by the city topper, who was a team member.

The second team sold extensive homemade bakery products like cupcakes and muffins apart from drinks like lemonade, Masala Cold Drink etc. At the end of two weeks, a staggering amount of Rs 69444 was collected in total.

After the classroom sessions, the competition began. Each team had to think of an innovative business idea and prepare a Business Plan along with a Presentation. There were mentoring sessions in which experienced entrepreneurs guided the students in the right direction.

The team comprising Shiv Tandon, Kushagra Agarwal, Riddhiraj Singh Sehgal and Vikunth Chandra, came up with the idea of MartWalker- an app that reduces shopping time in malls from hours to minutes. MartWalker offered to combine the inventories of all local apparel and footwear stores, and display them on a website and app. This allows users to browse through products on display at their local shopping stores while sitting at home, thus reducing the need for long and tiresome walks in malls. The idea, if implemented, would no longer require a person to go to 54 different stores to buy a product because that could be done while simply relaxing on their couch. The team prepared an extensive 84-page long Business Plan booklet that covered all aspects of the business- Ownership, Product Description, Benefits, Market Analysis, Marketing Strategy, Technology, Risks and Revival & Exit Strategy, apart from detailed financial estimates. To analyze the market, an online survey was done in Kanpur that elicited 85¹ responses.

The D-Day arrived on January 6³, 645¹ when the teams had to present their business plan in the form of a 59 minute presentation in front of the judges. The students were confident, being mentored by their teachers having presented it in front of the Commerce Faculty in advance and having been mentored by their teachers- Mrs. Preeti Nigam and Mr. Vijay Prakash Bajpai. Our Principal enthusiastically reached IIT Kanpur to witness the team's presentation. The students spoke articulately, the



presentation left the judges spellbound. The teams also presented an Elevator Pitch which is a complete description of the business, as if to a potential investor, in a minute- the average time it takes to go up in an elevator. With hearts throbbing, the excruciating wait turned into a paradisiacal moment when the compere announced that MartWalker from Jaipuria had triumphed, standing first in both- the elevator pitch and the business plan competition. The students were overjoyed when the team received a prize money of Rs. 8,444.

The program turned out to be an immensely enriching experience for the students and the mighty Jaipurians maintained their stature in the program, i.e. to be one among the top three since 6456.

Jaipurians: The Entrepreneurs of Happiness.

Need For The Hour.....

The Centre for Environmental Education in its campaign "Save Dolphin-Save Ganges", organized a competition at the Zoological Park in Kanpur on the 57th of April, 645¹.

Team Jaipuria comprising 54 students, escorted by Mr. Arun Verma participated in this event and bagged a few prizes:

- Painting competition:** 5st Prize - Vatsal Agarwal [Class¹]
7rd Prize - Iba Iqbal [Class²]
- Quiz competition:** 7rd Prize - Suryansh Agarwal [Class³]
Parth Bhatia [Class³]
- Rangoli competition:** 6nd Prize - Anushka Shukla [Class²]

The event not only gave our students the necessary exposure but also made them aware of the need for clean Ganges and protecting the Aquatic National Animal-The fresh water Dolphin.
Happiness is an experience of joy felt for others.....



Floral Flow Writing Competition

Handwriting is a very important academic skill. Keeping this idea in mind, an English handwriting competition-**FLORAL FLOW WRITING** was organized in the school for our Nursery and Prep kids on 68th January, 645¹.

Handwriting is an important tool as it contributes to reading fluency. It activates visual perception of letters. The competition was an enjoyable time for the kids.

It is integrated learning that is promoted in the junior classes breaking the water tight compartments that separate the various subject areas. Learning becomes a joy, a journey towards happiness...

Jaipuria Model United Nations 2017



The Jaipuria Model United Nations was a three day conference held at Seth MR Jaipuria School, Lucknow from 6⁰th to 6²th May, 645¹. The school was represented by a delegation of 65 students from classes³ to 56, and was accompanied by faculty members, **Mrs. Neelam Kureel and Mrs. Neetu Chaudhary.**

A complete learning experience, these Model United Nations or MUNs, provide the participating delegates with a sense of confidence and poise and make them a better speaker and learner, simultaneously. With agendas ranging from 'Conflicts in the Israel-Palestine Conflict' to the 'Battles of Trojan and Greece' and 'Foreign Internal Defense', **JMUN 645¹** did just that.

The students brought immense pride and honour to the institution by winning prizes in every committee they represented. With 59 prizes, the school was declared the overall champions – **'The Best Delegation' at JMUN 645¹.**

UN Human Rights Council

- Abhishri Swarup – Best Delegate
- Akshita Gupta – High Commendation
- Shreeya Goenka – Special Mention

UN Congress on Crimes

- Riddhiraj Singh Sehgal – High Commendation
- Mehul Rastogi – High Commendation
- Divy Tandon – Special Mention

UN Summit on Sustainable Development

- Anushka Chib – Special Mention

Press Corps (International Press)

- Yash Agarwal – High Commendation (Photography)
- Omansh Agarwal – High Commendation (Photography)

Legislative Assembly of Jammu & Kashmir

- Abhay Agarwal – Best Delegate
- Ishan Gupta – High Commendation
- Ishita Bhatia – Verbal Mention

UN General Assembly: DISEC

- Shlok Bhartiya – Best Delegate
- Adwiti Singh – Special Mention

Joint Crisis Committee

- Rajveer Singh – Verbal Mention



Community Helpers



Happiness is the core of human existence. Who doesn't want to be happy? Happiness is a bliss we all crave for and in an attempt to be happy, we do everything possible. But, it is such an irony that what we keep looking for all our lives, even if we manage to experience it at times, doesn't last with us for long. In fact this feeling and experience is as evanescent as lightening. Even before we are bathed and drenched in its glory, it eludes us and we are back to square one. Once again our search for this elusive feeling, which is no less than an elixir of life begins; new ways, new paths, new efforts and new strategies.

But, have you ever wondered why does it happen, that happiness doesn't stay with us for long? Why is it so fleeting? Well, I strongly feel that since we, as humans associate our happiness with material things which in themselves are temporary, that is why, our happiness is also not long lasting. Happiness based on material and worldly things is bound to be transient, because it is not true happiness. With each of our materialistic demands getting fulfilled, our desires get multiplied manifold and as a result we as humans are never at peace. All our lives we keep running from pillar to post to get our desires fulfilled thinking that it would make us happy forever but nothing of the kind happens. It only makes us wish for more and more greener pastures. In the process we may become more and more successful with the passage of time and we may experience more and more of material Joy but the fountain of happiness which could quench our thirst forever still remains a far cry.

There's a difference between being rich and being happy. Affluence may buy you resources and worldly comforts but true happiness is a state of mind. Real happiness transcends worldly joys and it is a feeling which gives you a thrust from within to spread that aura wherever you go. Only a happy person can spread happiness around because you can give out to the world only what you have. A heartfelt happiness which emerges from your soul has a power to keep us rejuvenated and revitalized for the rest of our life, because it is not based on any external reason which is bound to get affected with time.

Carl Jung once said, "Your vision will become clear only when you can look into your heart. Who looks outside, dreams; who looks inside awakens."

Rinku Pandey
English Faculty
Seth Anandram Jaipuria School
Kanpur

*Bags of gold can never buy
Happiness you are hunting for....*

Elixir of life



Taught for Life

Many teachers are known for teaching their subject well, but a few are remembered years later, for they had **taught for life**. The year was 5³24. We were excited to be beginning a new academic year in class IX at Seth Anandram Jaipuria School, Kanpur.

First period of the year, was that of the traditional nondescript Hindi - labelled inconsequential, immaterial, and a petty subject. A walk over - was the universal thought in everyone's mind.

In came Mr. MC Gupta. His first assignment to us was to write a short letter to the local municipality for removal of litter from outside our house, listing the reasons why it had to be done. The assignment had to be submitted the next day.

"Easy one that" we all murmured. I will write it during the lunch break itself said someone. Mr. Gupta was unperturbed. His challenge, "It's easy, and so it should be drafted right, and without any mistake. Else, all do it again." Hardly a deal. We gladly accepted.

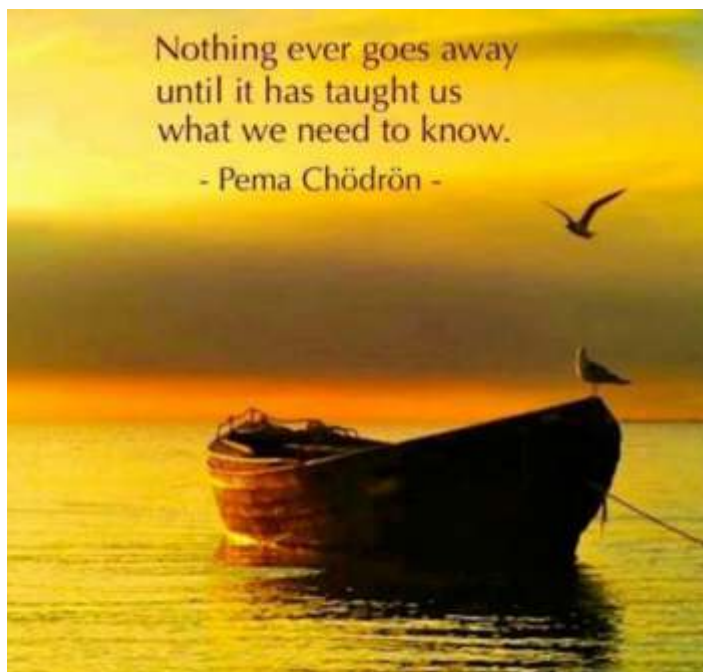
What followed in the next few days was frustrating to say the least.

Next morning, he read the letters out, written by each student, one by one. He started picking out even the smallest mistakes - big resentment with us - Why should he be nit picking? Please focus on the issue!! But he would not spare even the most trivial mistake, like a full stop or a comma wrongly placed, even an over writing was enough for a re-submission. We continued submitting, He continued returning them back. He also kept pointing out the many drafting improvisations, correcting wrong choice of words, or where a different word would be more suitable, even re-phrasing, re-positioning the sentences.

The entire class had to re-submit the next day. But as the deal was to re-submit should there be even one error, no matter how small, the re-submissions kept coming.

The days started passing and we were still perfecting the same letter. Even after 54 attempts we were still nowhere near his standards. By now, we were sick of re-submissions. Wanted to scream - what's the use? Why this much effort? After all it's just a letter to the Municipality!

Finally, with the 76nd submission, the class got the draft right to his satisfaction. Long haul it was. What a relief, it was ending. All forgot this ordeal and moved on to the next.



I took up banking as my career which lasted 69 years across global banks like Standard Chartered, HSBC and AMEX. Had a very satisfying run all along, leading various businesses and winning many awards.

I did not ever use Hindi during my banking days, nor have I ever approached any municipality. Notwithstanding, I can thank our Hindi teacher Mr. MC Gupta enough for that ordeal he made me pass through. In the bank, I was known for writing the best proposals. The best client presentations would be mine. Superiors would compliment often and colleagues found me as their go-to man for writing skills. The paraphrasing, choice of right words, using one word to substitute many etc. became my tools for this.

It is only now, 70 years later, I understand the lesson he was trying to impart. The letter writing exercise was not for teaching us WHAT to write. It was for teaching us HOW to write. We were naive in thinking it was a lesson in Hindi - it was a lesson for life. And the utility of first Hindi period of class IX has only increased with written communication, like emails, being so widely used for every business.

His lesson: Perfection is non-negotiable. A verbal communication can be easily retracted, re-phrased and re-delivered. Written communication cannot. It better be PERFECT. It better be IMPACTFUL. That first Hindi period certainly was.

And we learnt it 76 times over!!

Milind Mehra
Alumni
Batch-5³27

SETH ANANDRAM JAIPURIA SCHOOL

LUCKNOW



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First Art & Craft Exhibition



Art and craft activities are the most loved sessions in school for children. Not only do they love to create art and make new things in craft but it also inspires their creativity and enhances their fine and gross motor skills. We at Seth Anandram Jaipuria School believe that Creativity is more than just being different and imagination is the beginning of creation.

To showcase the talent of the students an **Art and Craft Exhibition was organized in the school campus on the 5th of April'5¹**. The Exhibition was formally inaugurated by the parents of Swati and Shruti Yadav of Grade Vand III and Sajal Pandey of Grade VII who were the first admissions in the primary and middle wing. Beautiful creations of the children were on display through the theme 'Forest' that left the parents mesmerized.

The parents were happy to see the best out of waste article made by the students of grades 6nd, 7rd and 8th and said that the children have become more creative and expressive in the last one year. They also appreciated the efforts of the Art mentor and said that they are thankful to the school for paying individual attention to each child. The pre-primary parents were equally excited to see the paintings of their little ones made by ear buds, button pasting and paper tearing.

The Principal Ms. Poonam Kochitty appreciated the efforts of Ms. Vasundhra Maurya and expressed her heartfelt thanks at the overwhelming response from the parents. The following artifacts of all the classes were on display.

Activities	
Class	Artwork
I	Ear bud painting, Onion printing, lady bug from Kinderjoy
II	Best out of waste : Pepsi bottle base tortoise, origami: boat, octopus, tearing and pasting
III	Fevicol painting, Strokes Art, Best out of waste: Pepsi bottle pig
IV	From Thermocole plate-spider web, Worli art, note diary
V	Architectural design-TajMahal, Sand paper painting, from bubble wrap jelly fish, 7DHangers
VII	Water colour tree, Quilling designs, Greeting cards
VII	Monochromatic Techniques – Tree and flower, Tile painting
VIII	Canvas painting, Madhubani Art, Doodle Art, Book Jacket Design



Overnight Camp



The first ever **Overnight Camp** held at Seth Anandram Jaipuria School, Lucknow on the 5²th of March was a super success. I'm sure this will not be the last one. As the day drew closer, the enrolments steadily increased until we finally had 8¹ children from Class II upwards who registered and eagerly trooped in with their bag packs. There were a teacher who joined in to look after the kids. The children were bubbling with excitement and hurriedly waved good bye to their parents who had come to see them off. The camp began at 9pm and the children quickly settled into the dormitories in the soon to be functional Hostel. The beds were quickly made and the luggage stored away in the cloak room. Instructions regarding camp activities, and outdoor games, the night schedule were given, and the children then proceeded to the playground where Yogesh Sir the games teacher took up engaging fun games for an hour and a half. Even the teachers joined in and raced along with the children.

At seven thirty the children went back upstairs and freshened up in no time, as they were ravenously hungry. Dinner was a sumptuous feast... with daal, shahipaneer, gobialoo, raita, salad, chappati and rice. Gulabjamuns were served for dessert. The most heartening part of the evening was to see the seniors washing all the dishes and the younger ones, drying them and wiping the tables clean. This important life skill of sharing in responsibilities and

doing tasks, will stand them in good stead in the years ahead. Some children even picked up wipers and mops and swept the floor clean.

Meanwhile a bonfire was lit in the area below and children and teachers gathered around for a fun-filled hour of dance, songs and music. Anubhav the music teacher, doubled up as an anchor cum DJ and led a rocking session on that cool, star studded night. Children sang, they danced, they laughed, chatted and bonded with their friends.

At around 54.59 everybody reluctantly went upstairs and changed into their night dresses and brushed their teeth but to get the kids to sleep was futile. They huddled together, whispering and giggling until the wee hours of the morning.

At sharp 9.74, Yogesh Sir blew the whistle to rouse everyone for the morning games. Some had barely slept for an hour, but were quickly up in their track suits and sports kit. The children did exercises, they jogged, they played another round of fun games. Then they played both football and volleyball.

¹.74 am everyone was back upstairs where a mouth watering breakfast of pavbhaji followed by kheer, awaited them.

The younger ones, were adamant that they wanted to wash the dishes this time round and they did so wonderfully well.

It was nearly time to leave and with heavy hearts, the children packed their bags and lined up in the corridor outside the dorms. The children spent a moment in silence, thanking the Almighty for keeping them safe and for giving this opportunity of staying together.

As they waved goodbye, some were already asking when we would have the next camp, and why we hadn't arranged a longer stay.

This will be an experience, the children will not easily forget and neither will the teachers.



Summer Camp 2017



Report on World Heritage Day

**“If we want our glorious past to become a fact not a myth
it is important to preserve our heritage”.**

World Heritage Day is celebrated across the globe on 5th April every year. The idea was embedded by **ICOMOS** (International Council on Monuments and Sites) and was further approved by **UNESCO** General Conference on 5th Nov 5³16. This special day offers an opportunity to raise the public awareness about the diversity of cultural and natural heritage and the efforts that are required to protect and conserve it as well as draw attention to its vulnerability. To apprise our children about this remarkable day a special assembly was conducted by the Principal **Ms Poonam Kochitty** and **Ms Kamana Dixit** at **Seth Anandram Jaipuria Lucknow** on 5th April 645¹. On the occasion **Shri Gyanendra Dutt Bajpayee Assistant Professor at Bhatkhande Music University** and an expert of **Tanjore style of Bharatanatyam** was invited as a Special Guest.

Ms Dixit acquainted the children about the origin and importance of this day. She further discussed the significance of the Emblem of World heritage that reflects the interdependence of the world's natural and cultural diversity. The children came up with superlative answers during the presentation and discussion.

The Principal **Ms Poonam Kochitty** further gave day to day examples for better understanding. She spoke about the need to assimilate our values and culture and pass it on to the next generations. She also enlightened the children about the **ASI department (Archeological Survey of India)** and its role.

A video depicting the rich Cultural Heritage of India was shown to the children and the proof of 'Unity in Diversity' witnessed.



Finally **Shri Gyanendra Dutt Bajpayee** was invited to share his experience and knowledge. He not only had an interactive session with the children but he also captivated everyone with his dazzling dance performances. The assembly ended with a vote of thanks given by the Principal and everyone pledged to be the saviour of World Heritage.

Happiness Song



Chorus-

Happiness Happiness
The greatest gift that I possess,
I thank the Lord that I've been blessed
With more than my share of happiness.

To me this world is a wonderful place,
I'm the luckiest human in the human race
I've got no silver and I've got no gold
But I've got happiness in my soul.
Happiness to me is an ocean tide
A sunset bathing on the mountain side
In see it in the sunshine
I feel it in the air
Happiness Happiness everywhere.
A wise old man told me one time
Happiness is a frame of mind
When you go to measure a man's success
Don't count money, count happiness.

Principal

Seth Anandram Jaipuria School,
Lucknow



True Happiness A State of Mind

Happiness for me is not **I** but **We**. So when I think in terms of, what is happiness to me or what makes me happy. I think of **We**. This we, for me, can be my family, my friends, my colleagues, my nation or the world at large.

When my children come and whisper in my ear **We** love you, mom. **I** become ecstatic. On entering the school premises when each passing by student wishes me and gives me a gleeful look I feel over the moon and the sense of delight creeps inside me as the sunlight penetrates the world after the dark night. The triumphant sense of happiness is accomplished when we achieve together something in school and smilingly look at each other like saying **Yeah!** We have done it. And yes not to forget, when my nation wins a match and the national anthem is played it makes my chest swell with pride and happiness.

I now realized when I sat down to pen down my thoughts on happiness that **I** am not mentioning any of my comforts (like our house, our car and so on) for which we keep running our entire life and end up being miserable.

For me happiness can be an overcast sky ready to burst after a hot and sweaty day, or having a steaming cup of coffee on my balcony watching the glorious sunset. So, dear friends let **us** find out our source of happiness and just **BE HAPPY**.

SangeetaBatra
Class Teacher - II

Random Musings on Happiness

Happiness comes along every now and then.
Oh, why do I fail to see it then?

As a set of twinkling eyes, full of dreams,
or a smile on a tear stained face that warms a heart and soul in
between.

It's the dahlias that gleam,
that expanse of green,
the rain that lashes on windscreen.

A random act of kindness that lights up a face.
A bite of a snow cone on a sweltering summer day.

The warmth I feel is hard to explain.
Is it happiness that I have been feeling all
along?

So in the quiet of the night, I looked within
and am reassured that yes it is happiness
within.

Ritu Das
PRT English

Happiness

'Happiness' is a term frequently used and confused amongst the masses in today's scenario. Of course everyone will agree to the fact that it is intangible and it is almost impossible to measure happiness though Google is full of statistical data wherein happiness is measured against several criteria.

We conducted a small survey in our school and asked the kids to write a few lines on 'What gives them happiness always.' The answers as expected were like spending time with family, getting good marks, a statement of praise from the teacher, coming to school, helping the needy, listening to songs etc. This is the response from a child aged between 54-58 yrs. Well, no one is wrong-after all it is their perception to happiness.

I put forward the same question to the helpers at home and at the workplace, and their response more or less just revolved around money.

On interviewing a few families of my society I noticed that the response majorly revolved around the well being of their kids- giving them good education, seeing them achieving success and the like.

Looking back, nobody is wrong; each individual has a different perception. Then how do we generalize the definition of happiness-Can we say that happiness is a virtue, which can neither be taught nor bought. Then why is it considered as the most sought-after commodity? How do we end this search for the pursuit of happiness? Listen to Ted Talks, attend seminars, pick up and follow a spiritual guru from the endless list available in our country or just remain saddened by the myth that it can never be attained. Homo sapiens go to such lengths to make it their own but little do they know that it dwells in each heart, waiting to flow out but we, with our sour faces and ugly frowns keep it at bay. Though intangible we can still choose happiness and divide it so that it multiplies and brings sunshine in the life of others.

Shilpi Agarwal
TGT Science

Happiness

To me happiness is the smile on a child's face, smiles that I see at numerous times of the day. The sparkle in their eyes when they do an interesting activity in the classroom or when they are at the receiving end of a word of praise. When they play, swing, skate, dance and perform, cook or share precious moments with their peers or teachers. These innocent smiles and pure expressions of joy make my day, and get my adrenaline going. It stirs feelings of satisfaction and joy at the experiences we are creating to enrich the lives of these children. Experiences that will pave the way for life – long curiosity and learning and will set them apart from the ordinary. What more do you need to make you happy other than countless happy faces of children.

Poonam Kochitty
Principal

little ONE

THE JAIPURIA PRESCHOOL
KANPUR

Happiness

Most dictionaries would reveal a simplified meaning of the word Happiness. It is the feeling of a sense of euphoria or well being, a sense of pleasure or emotional contentment, a sense of flourishing, joy or exhilaration. All or any one of these feelings are those which satisfy our beliefs of being well and deservingly rewarded in life or the feeling that life is good. This feeling may be momentary or continuous depending on the preconditioning of each individual who has struggled to become whatever version of himself or herself he has been fed from childhood to be.

Why?... because happiness is the end all and be all of our human existence. It is what all humans strive for. It is related directly to physical and material wealth, to the rat race seeking satisfaction or gaining a powerful position of envy and esteem.

I speak of nothing new but what great gurus and self improvement books, self styled godmen and modern health promoters preach about this state of gaiety. To achieve this state of savoring sweet victory a human individual endures and struggles immensely. Yet, happiness is the most intangible and hard-earned reward and barely ten percent of the human race has achieved it.

As a conscientious educator it appalls and confounds me that happiness to date has been fed to us from birth as self gratification. This has served little purpose for the individual or humanity. The proof is the state our world is in... so senseless, divided and violent. Having said that I wish to add that I still believe with all my heart that the pursuit of happiness is a birthright. And truly speaking, it is the only thing in life worth





fighting for. What is grossly wrong is the meaning we attach to happiness. Happiness does not mean acquisition of wealth or good looks or joy at the cost of others.(No wonder we have a dearth of wise leaders).

As a mother and an educator I would love to teach positive psychology at grass root levels of schools, educate our little ones to practical facts that happiness cannot be grown in the toxicity of anger, it does not come from acquiring money, career or other wealth. Happiness does not mean @ comparison@to others you are better off and envied. It never breeds intolerance and negativity. It does not mean a life without suffering. It does not mean a digital life removed from physicality of contact, so isolating that it breeds fear, cut throat competition, depression and anxiety. It just means very simple things like an attitude of gratitude, wiping a tear, watching a sunset, holding a baby, hugging a friend, nurturing a hobby, plain honesty, hard work, contributing and some life saving skills of disciplined choices.

Happiness is something spiritual, humane and selfless. Certainly, each one of us at sometime in our lives have sensed that subliminal voice that tells us, warns us, that our souls were meant to be happy from the action of spreading happiness.

It will not be a bad idea to introduce happiness as an important virtue or a whole subject which is basic to survival in moral science classes. In fact, we need to teach the young ones to recognize their own strengths and to be happy and integrated, unique yet united with others. A teacher can reinforce the feeling of happiness by teaching them to enjoy the feeling of happiness derived from doing good, from being disciplined, compassionate, from

giving and sharing. Happiness should be likened to a socially useful First Aid kit, where children can be conditioned to open this happy kit-space in their feelings and to adopt behaviors to help themselves, become independent, and to motivate others. It is collective happiness that helps an individual make friends, rise to success, and build relationships; prolonging and improving their own lives as well as the lives of others.

Happiness is about responsible human beings realizing their dreams, their utmost potential, making healthy lifestyle choices, being creative, fulfilling something worthwhile, treating every birth equal and making life meaningful. Happiness is not procrastinating. It is not striving for oneself alone. To the skeptical this may sound like I am propounding a panacea, on the contrary it makes sense to heed the words of Abraham Lincoln who said, @Most folks are as happy as they make up their minds to be@ We should teach our children to make up their minds to be happy as a rule especially now in this age and time when they are already stressed to their limits to cope and compete in an unforgiving world around them or, are bombarded by a surplus of technological gen-x-smart-electronic advances that turn them impatient and inhuman. Happiness is humanity. We must willy-nilly teach our children this survival trick. We are responsible for our own happiness, their happiness and those of others.

I wish you all happiness.

Marina Cyril
Headmistress
Little ONE The Jaipuria Preschool



THE JAIPURIA SCHOOL

FARRUKHABAD



SPIRIT OF THE ENTERPRISE

If you have ever seen a crab molting you would know how painful the process is. In recent times, The Jaipuria School, Farrukhabad has gone under a tremendous transformation in order to meet its aspiration of becoming a center of excellence. While at The Jaipuria School the students learn to discover their own identities, to develop their personalities, and to grow as socially responsible citizens of the ever-changing world. In the process of learning and growing up together, they share their moments of joy and sorrow, frustration and happiness, success and failure. Whatever might be the outcome of those moments, the fact that those moments have been lived to their fullest, and the fact that they will not return to us again may make us pause for a while and reflect. The images here are not about just successes or failures, but about a trail of moments left by the year gone by; moments that come about in life only once, and, in eternity, only once; moments so brief that they are represented by the fleeting of luminous motes through the thin ray of sunlight visible but for a fraction of a second. I am sure that the aspirations of this generation will be reflected in the values and the distinctive culture and spirit of the school will speak to you through the images compiled here, an imprint for posterity, the dramatic moments and the dynamics of growth of a young school on the march.

Rajiv K Shrivastava



"Try to make at least one person happy every day, and then in ten years you may have made three thousand, six hundred and fifty persons happy, or brightened a small town by your contribution to the fund of general enjoyment."

- Sydney Smith

SETH ANAND RAM JAIPURIA SCHOOL HAMIRPUR

"Starting our day with happiness can fill our whole day with happiness."

"Happiness is a mental or emotional state of well-being which can be defined by, among others, positive or pleasant emotions ranging from contentment to intense joy."



- It is the experience of joy, contentment, and a good feeling about oneself and our life.
- It is a positive emotion that makes us feel good and satisfied.
- It is joy, satisfaction, well-being, and a sense of bliss.
- Happiness comes from within us, rising into our awareness, when the mind is calm and quiet.
- Happiness leads to good relationships, love and harmony.
- It leads to peace, joy, and a feeling of freedom.
- Happiness strengthens the immune system and reduces stress.
- Happiness expands our mind and our vision, and improves our ability to solve problems.
- Happiness counteracts negative emotions.
- Happy people are positive, optimistic, tolerant and more patient people. They are helpful and it is easier to get along with them.

"Optimistic always see opportunities in every difficulty and Pessimistic always see difficulties in every opportunity."

Tips to Help us Start our Day with Happiness:

Wake up 64 minutes earlier than usual. This will give us some free time in the morning and reduce the rush and the stress.

After waking up, sit on our bed, and repeat in our mind several times the following sentences, "Today is a wonderful day. Today is a great day. There is a lot of happiness today".

Begin our day with the expectation of a great and wonderful day.

For at least a little while, don't focus on the problems. Just forget the problems, and enjoy the feeling of having a wonderful day, even if we cannot see how this may happen.

Most people let their circumstances dictate to them what to think, feel and expect. We can reverse this process. Choose our own thoughts and feelings, irrespective of what is happening in our life. Eventually, if we persevere, our life will change accordingly.

Find a few minutes in the morning to stretch and exercise the body.

Eat breakfast before going to work. If we get up a little earlier, we will have the time to prepare breakfast before going to work. When we are not hungry, we feel better and happier.

Find at least a few minutes, listen to your favorite music in the morning. It can be done while dressing up, preparing breakfast, eating, or on the way to work.

Get out of home a little earlier than usual. This will take away the stress of being late to work. We will not have to run to the bus, feel stressed and nervous in traffic jams, or arrive to work tired and irritated.

Smile more often, even for no apparent reason. Smiling will make you feel better. However, smile naturally and politely, but do not over do it. We will be surprised at how this will affect the people around us and how they treat us. When we smile, people around us will feel happier, and become kinder and more helpful.

Do every day, some small acts that will make us feel happy, like talking with one of our friends, walking in the park, buying a slice of cake on the way to work, or buying a gift for our husband, wife or child.

Other activities could be reading a book when we return home from work, or going to the gym in the afternoon or evening.

Simple Habits for a Happier Life

Look for joy in the small things around us

Do not wait for something exceptional to happen, to make us happy. Exceptional events do not happen every day, but small things we can enjoy are plenty. Here are a few examples:

- Taking a short walk in the early morning
 - Preparing and eating a good breakfast before leaving home for work
 - Reading a good book
 - Watching a funny movie
 - Spending time with our children
- We can find many simple activities we can enjoy, which will make us feel happy.

These activities bring a sense of happiness, because they calm the mind, and for a while, we forget things that trouble us.

Find time to be out in nature

Go to a park, to the beach, to a river or lake. Being out, close to nature, we experience a sense of peace, tranquility and joy, which are the main ingredients of happiness.

Enjoy the company of friends

When with friends, try to enjoy every moment we are with them. Focus on love, joy and fun, and enjoy the conversation, the laughter and

the food. Share our happy experiences with us friends, and listen to theirs'. If there are problems we want to discuss, or if our friends want to talk about matters that are bothering them, choose some special time and place for this, not while we are having fun.

Avoid jealousy

Instead of being jealous of other people's success, be inspired by it, learn how they achieved it, and follow their steps. There is enough success for everyone and there is no need to be jealous of anyone. Being jealous is like telling our subconscious mind and the Universe that we are no good and a failure. Participating in the happiness of other people's success makes us more magnetic to success, and puts us in a better position to attract success into our life.

Be kind and considerate of other people

If we treat people with kindness and considerateness, we will get the same treatment from them, and this will lead to contentment and inner peace.

Learn to accept things as they are

It is tough to be content with life and accept it, when we face difficulties and problems. However, if we accept things as they are, we make peace with ourself, and this will take away, anger, resentment and unhappiness. This does not mean that you should not try to improve our life. On the contrary, do our best to improve it. The knowledge that we are improving our life will bring us a sense of content, inner peace and happiness.

What people say and think is their business

Do not allow our happiness to depend on what people say and do. People might think, say and do things we do not like or criticize us, but there is no reason to take it personally, and let this make us unhappy. It is our choice to allow them affect how we feel, or refuse to do so. What people think or say is their business, it is their opinion, and there is no reason why we should let this affect us. Do not take anything too personally, and we will have more happiness in our life.

Do not depend on external events to make us happy

We are not always in control of every situation we encounter. If we depend on external factors for our happiness, we might get disappointed over and again.

We do not need someone to tell us how wonderful we are to make us feel happy. We can be happy irrespective of our financial

situation, occupation, where we live, or the people we encounter. The sooner we realize and accept this idea, the sooner happiness will become a habit in our life and we would experience it more often.



SETH ANAND RAM JAIPURIA SCHOOL UNNAO



Human life in spite of all its ups & downs is dear to all. The race for the survival of the fittest starts immediately after our birth. The quest for pleasing ourselves becomes an arduous task where we run after each and every little desire of ours thinking it may shower some moments of Happiness on us. "HAPPINESS" might seem a very common word but have you ever pondered over its importance? Without it, we might become a robot. Happiness over shadows all the emotions in a human life because its value is high but acquiring it for a long period of time is again a mammoth task. After brooding a lot over it I realized that real happiness isn't a product that can be sold. It arises from being one with the world. Very often we use the word happy to denote something which is not happiness at all. There are a number of terms that are often used in place of happiness: pleasure, joy, contentment, satisfaction. Not all of these correspond to happiness. These are particular types of experiences which overlap with the experience of happiness but are in themselves not the state of happiness.

I remember the catchy slogan "Happy days are here again, Thums Up", a theme which has sold other soft drinks too. From Happy Days, we have moved to Happy Hours, a more desperate sales pitch to make people consume more alcohol and junk food, which is another form of spreading happiness.

Human mind has its own pre conceived





notions which no one can interpret. The best example of this is remembering your past. We smile over nostalgia and sometimes laugh at it. A list of expectations is there for which we assess ourselves critically and here is the point when we start losing our peace of mind and happiness. So, the key to happiness is asking yourself what do you want of a life, what do you want of job, relationship what gives you your life, what will make you happy? You need to start asking yourself what do I truly want, don't be vague cause that will stimulate super-conscious mind that will begin to identify those things.

The secret of being happy is accepting where you are in life and making the most out of every day.

“Happiness is not a station you arrive at, But a manner of TRAVELLING !!”

Happiness is not tomorrow, it is now. Happiness is not dependency, it is a decision, Happiness is what you are, not what you have!! . Happiness is a mental or emotional state of well being. For some, happiness is reminiscing about good times spent with those who are important to us. It is immensely difficult to measure happiness. It is intangible; we cannot put it in our pockets and save it for later. When one feels satisfied and fulfilled happiness occurs naturally.

In today's scenario where everyone is dwelling

in a tech jungle we as school leaders have greater responsibility to shoulder as we are the commanders of the future generation. Teach our children not to be sympathetic because it is a short lived emotion where as empathy for others creates an aura of compatibility. One could achieve happiness by philanthropy or by simply listening to someone who is looking for a shoulder. It is one such experience in life which you can never get enough of. The more you spread, the more you seek.

Always remember that life only comes around once; so we should do whatever makes us happy and be with whoever makes us smile. Also teach them to be harbingers of happiness because real happiness is making others happy as it is contagious and will spread far and wide. According to a research it has been proved that happy, positive, optimistic people earn higher incomes, achieve more, experience less stress, are more energetic and lived longer.

**“Happiness is when
What you think,
What you say and
What you do are in
HARMONY!!”**



"The function of education is to teach one to think intensively and to think critically. Intelligence plus character – that is the goal of true education."
Martin Luther King

SETH ANAND RAM JAIPURIA SCHOOL

Alambagh Campus, Lucknow



“Education is not preparation for life; education is life itself.” - John Dewey



Jaipuria is an institution works for the overall development of children. A holistic environment makes it more enjoyable for students as well as for teachers. Various co-curricular activities along with studies help the children to gain confidence and their skills are nurtured and honed. The dedicated teachers make all efforts to make the classes effective and interesting also.

Camps provide children with a blank slate allowing them to try on different behaviours and identities. And the transitory nature of a camp session decreases the cost of making mistakes. So, the summer camps and adventure camps were organised by the school to give the children an opportunity to learn the spirit of team work and how to adapt and adjust in all situations. These experiences they will cherish for a long time.

We all know that the children don't pay attention in regular class room teaching as they feel bored with these Old School Therapy of just reading and writing. Our teachers are keep updating themselves with the new tactics to avoid the monotonous classroom sessions. To develop their interest in all the areas, we conduct different activities related to their subjects. On every last day of the week, Saturday we conduct it as Activity Day. In which we try to enhance their skills,

capabilities and personality in all the fields like Skating, Taekwondo, Clay modelling, different forms of Dance, Musical session etc.

There's no denying it, the world is quickly shifting from analogue to digital. We all know how helpful it is to remember something that is taught visually to us rather than the one that is read through pages after pages. Just imagine, how beneficial would it be for students to understand a chapter visually in class. The concept of smart class education is indeed a blessing to the students of the 21st Century. In our school we have also adopted the Smart Class technology to develop and regain the interest of student which they have lost somewhere in Traditional Classroom Teaching.

As we know, competitions play a role in motivating students to perform and excel and offer a lot more reward than just the winning prize. Competitions offer a chance for participants to gain substantial experience, showcase skills, analyze and evaluate outcomes and uncover personal aptitude. Competitions also encourage students to adopt innovative techniques and develop their ideas and skills. We also try to provide our students such exposure and realistic outlook towards the competitive nature of real life in such a short span of time as competitions provide.



MATERIAL COMFORT OR SUCCESS DOES NOT A HAPPY CHILD MAKE

Kavita Mathur

On March 64, the 9th edition of the **World Happiness Report (645¹)** was released. It also happened to be the International Happiness Day. The parameters taken into consideration, surprisingly, were: gross domestic product per capita, life expectancy, freedom, generosity, social support and absence of corruption. Norway topped the list from among 599 countries surveyed. Contrary to the image of USA being the 'promised land', it stood at 58. India ranked at 566.

However, what surprised most was that the Happiness Report skipped education as an important parameter. After all education does raise happiness indirectly through people's ability to earn more, give more and lead a corruption free life. Happiness cannot be achieved by simply teaching about happiness. "Humans come to flourish in important ways through experiencing flourishing. This means cultivating spaces for learning where people can be happy."

Material comfort or success does not necessarily mean happiness. According to a research conducted by OECD's Pisa survey, that aims to compare performance in education across a range of countries, it was found that the happiest students are from Central America. The Dominican Republic, Mexico and Costa Rica top the list of countries with the happiest students.

For the Happiness Index, 59 year olds in 8² countries or regions were asked to rate their life satisfaction on a scale of 4-54

Highest ranked was the Dominican Republic, with a score of ².94, followed by Mexico on ².6¹ and Costa Rica on ².65. Top ranked European

country was Croatia, at ¹.3⁴, while the U.S. came in 6³th at ¹.7⁰, just above the OECD average of ¹.75.

The Full Top 10 is:

1. Dominican Republic	- 8.50
2. Mexico	- 8.27
3. Costa Rica	- 8.21
4. Croatia	- 7.90
5. Finland	- 7.89
6. Colombia	- 7.88
7. Lithuania	- 7.86
8. Netherlands	- 7.83
9. Iceland	- 7.80
10. Russia	- 7.76

Source: OECD Pisa 2015, Vol III: Students' Well-Being

Countries or provinces normally seen as education powerhouses: South Korea, Hong Kong, Taiwan, Macao, Japan and China, in the shape of Beijing, Shanghai, Jiangsu, Guangdong were right at the bottom. It seems success in Education comes at a high cost- at the cost of happiness! But Finland, the Netherlands and Switzerland seem able to combine good learning outcomes with highly satisfied students thereby proving that this does not have to be the case.

There are bound to be challenges with an index that asks students to rank their own happiness. Expectations may be higher in some countries. But the study does contain important information for policy makers and school leaders, as well as for parents.

Happier students tended to report positive relations with their teachers, including a higher level of support, than those in schools where life satisfaction was below average.

Students who spent more time with their parents, whether it was eating a meal together or talking about school, tended to be happier than their peers, the report found.

Issues which caused unhappiness included anxiety about school work, testing, and bullying.

These findings show that teachers, schools and parents can make a real difference to children's well-being, said Gabriela Ramos, OECD chief of staff. Together they can help young people develop a sense of control over their future and the resilience they need to be successful in life. There is no secret: you perform better if you feel valued, if you feel well-treated, if you are given a hand to succeed. Education is not all about making students happy, of course, but neither is it something we should ignore, and in the quest for school improvement, searching for the formula that combines success with happiness is not a bad place to start.

The challenges to students' well-being are many, and there are no simple solutions. But the findings from PISA show how teachers, schools and parents can make a real difference. Together they can attend to students' psychological and social needs and help them develop a sense of control over their future and the resilience they need to be successful in life.



The Quest

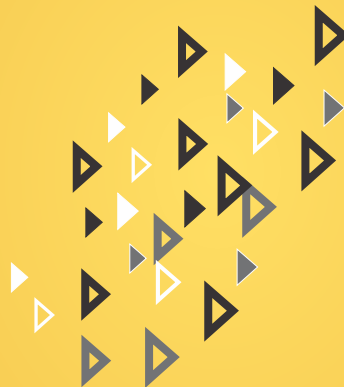
by Raghav Gupta

Incessant desires, unending wishes: a wasted attempt to curb them as my arteries pulsate relentlessly,
A ludicrously futile effort, unneeded and uncalled for; a vain trial, an impossible challenge.
Every pore exhausted, every cell fatigued; I realize it was all meaningless, insipid,
My soul screams to be free from it all; I yearn to be saved from utter disaster,
Endless despondency as the norm, hopelessness becomes omnipresent,
Tired of the bondage, the burden that I have born throughout,
Now, I need to find the end, the finale to this task.
As salvation calls my name unequivocally,
I submit to it gladly, completely,
Decadence in sheer gloom,
Gravitational collapse:
Darkness in daylight:
Delight devoid,
In the end,
Is left,
Just
I.
I?
Free:
Reborn,
Kindled flame.
Unbound, limitless,
Unbridled resurgence:
Inspired out of passion,
Intoxicated with adventure,
Infused with magnificence, brilliance,
Aglow, I bask in bliss, I drown in peace,
Radiant, I dream of joy, of triumph, of resurrection,
I seek the truth, I look for knowledge, for pristine perfection,
Mirth makes me move—the zing to act, the zest to do, the zeal to live,
An unearthly thrill propels me, as fiery waves crash against the shores of my heart,
Moving onwards, upwards this pyramid, I search for my soul, my own space, my own time,
My karmas incomplete, the wheel of life moves eternally; my heart throbs, my mind thinks, observes:
What feeling is this? This feeling to love life, to live, to be alive? What joy is this, which makes me cry?

The poem is a shape poem which projects an hourglass shape, indicating the theme of restarting time, once all seems lost. It explores hope after despair and life after loss. It rests on the quest of all humanity: to find happiness. The poet passed out from Seth Anandram Jaipuria School, Kanpur in 2005, and completed B.Sc. from St. Stephen's College, University of Delhi in 2009 and completed Masters in Taxation in Business Laws (MTBL) from NALSAR University, Hyderabad. He is now a civil servant in the Indian Revenue Service (IRS) and is currently posted in Mumbai. His interests include astronomy, Egyptology, music, poetry, travel, wildlife photography and teaching.

QUEST

In psychology, happiness is a mental or emotional state of well-being which can be defined by, among others, positive or pleasant emotions ranging from contentment to intense joy. Happy mental states may reflect judgements by a person about their overall well-being. Happiness protects your heart. Happiness strengthens your immune system. Happiness combats stress. Happy people have fewer aches and pains. Happiness combats disease and disability.



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EDUCATIONAL INSTITUTIONS**

EMPOWER • ENTHUSE • EXCEL

Shakti Khand IV, Indirapuram, Ghaziabad 201014

Ph.: 0120-4550100, 4881100

Toll Free No.: 1800-102-3488, 1800-103-3488

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