

GENERAL INSTRUCTIONS

- I. I. The question paper is divided into three sections : The question paper is divided into three sections :

SECTION A : Reading	20 marks
SECTION B : Writing and Grammar	30 marks
SECTION C : Literature	30 marks

- II. All questions are compulsory.
III. You may attempt any section at a time.
IV. All questions of a particular section must be attempted in the correct order.

SECTION – A (READING)

1. Read the following passage and answer the questions that follow: (8)

Peanut allergy theory backed up by new research

1. The effects of eating peanut products as a baby to avoid the risk of allergy have been backed up by new research. In 2015, a study claimed early exposure to peanut products could cut the risk of allergy by 80%. Now researchers say "long-lasting" allergy protection can be sustained - even when the snacks are later avoided for a year. The New England Journal of Medicine study looked at 550 children deemed prone to developing a peanut allergy. The latest paper builds on the results of the 2015 research, which was also carried out by King's College London and marked the first time scientists were able to suggest that exposing children to small amounts of peanut snacks could stave off an allergy.
2. The new study suggests that if a child has consumed peanut snacks within the first 11 months of life, then at the age of five they can afford to stop eating the food entirely for a year, and maintain no allergy. Lead author Prof Gideon Lack said: "[The research] clearly demonstrates that the majority of infants did in fact remain protected and that the protection was long-lasting." He said that part of the problem was that people lived in a "culture of food fear". "I believe that this fear of food allergy has become a self-fulfilling prophecy, because the food is excluded from the diet and, as a result, the child fails to develop tolerance," he told the BBC News website. The researchers used the same children who took part in the 2015 study - half of whom had been given peanut snacks as a baby while the remainder had been fed on a diet of breast milk alone.
3. "The study found that at six years of age, there was no statistically significant increase in

allergy after 12 months of avoidance, in those who had consumed peanut during the [2015] trial," the authors said. The children taking part in the study were considered prone to peanut allergy, because they had already developed eczema as a baby - an early warning sign of allergies. Prof Lack said that further studies were needed to see if the resistance lasts for considerably longer than the 12-month abstinence period. He said that in the UK and US combined, 20,000 babies a year are being diagnosed with peanut allergies. He also said that between 1995 and 2005, the number of people being diagnosed had trebled, and this was not because detection methods had become any more advanced as they had remained the same. Prof Barry Kay, from Imperial College London, said the study's results "point the way to completely fresh thinking on the mechanisms of tolerance to allergenic foods in 'at risk' infants". Speaking about both pieces of research, Michael Walker, a consultant analyst and medical adviser to the government, said: "Taken together these are reassuring findings that pave the way to stem the epidemic of peanut allergy."

On the basis of your reading of the passage answer the following questions:

- a. What is the new research about long-lasting peanut allergy?
- b. How can one maintain no allergy?
- c. What did Prof Gideon Lack remark about people's fear?
- d. Why were the children taking part in the study considered prone to peanut allergy?
- e. State the number of cases undertaken in the UK and US for diagnosis of peanut allergy?
- f. How has Michael Walker concluded on the findings?
- g. Find a word from the passage which means the same as:
 - i. To delay something(para 1)
 - ii. Self-restraint(para 3)

2. Read the passage below and answer the questions that follow:

(12)

1 To make our life a meaningful one, we need to mind our thoughts, for our thoughts are the foundation, the inspiration, and the motivating power of our deeds. We create our entire world by the way we think. Thoughts are the causes and the conditions are the effects.

2 Our circumstances and conditions are not dictated by the world outside; it is the world inside us that creates the outside. Self-awareness comes from the mind, which means soul. Mind is the sum total of the states of consciousness grouped under thought, will and feeling. Besides self-consciousness we have the power to choose and think. Krishna says: "*no man resteth a moment inactive*". Even when inactive on the bodily plane, we are all the time acting on the thought plane. Therefore if we observe ourselves, we can easily mould our thoughts. If our thoughts are pure and noble, naturally actions follow the same. If our thoughts are filled with jealousy, hatred and greed, our actions will be the same.

3 Karmically, however, thought or intent is more responsible and dynamic than an act. One may perform a charitable act, but if he does not think charitably and is doing the act just for the

sake of gain and glory, it is his thoughts that will determine the result. Theosophy teaches us that every thought, no matter how fleeting, leaves a seed in the mind of the thinker. These small seeds together go to make up a large thought seed and determine one's general character. Our thoughts affect the whole body. Each thought once generated and sent out becomes independent of the brain and mind and will live upon its own energy depending upon its intensity.

4 Trying to keep a thought from our mind can produce the very state we are trying to avoid. We can alter our environment to create the mood. When, for instance, we are depressed, if we sit by ourselves trying to think cheerful thoughts, we often do not succeed. But if we mix with people who are cheerful we can bring about a change in our mood and thoughts. Every thought we think, every act we perform, creates in us an impression, like everything else, is subject to cyclic law and becomes repetitive in our mind. So, we alone have the choice to create our thoughts and develop the kind of impressions that make our action more positive.

5 Let us choose the thought seeds of right ideas, noble and courageous aspirations that will be received by minds of the same nature. Right introspection will be required of us to determine what we really desire to effect. Everything in the universe is inter-related and inter-dependent, that we live in one another and by accepting the grand principle of universal brotherhood we shall be in a position to appreciate what a heavy responsibility is ever ours to think right. Let us reflect and send loving and helpful thoughts and lighten the load of the world's suffering.

2.1 Answer the following questions:

(2x5=10)

- i. How can we make our life meaningful?
- ii. Why does Krishna say, "*No man resteth a moment inactive?*"
- iii. How do our thoughts affect the whole body?
- iv. How can we change our mood when we are depressed?
- v. How can we bring about the desired effect?

2.2 Find the words from the passage which mean the same as:

(1x2=2)

- i. Happening in cycles (Para 4)
- ii. to look into one's own thoughts and feelings (Para 5)

SECTION – B (WRITING SKILLS & GRAMMAR)

3. Given below is the beginning of a story. Continue from this point and complete the story in about 150-200 words. (10)

The train was late. My examination centre was ten kilometres away. Exam was to start at 9 a.m. I came out of the station

4. You are Manpreet/Yesvika, the student prefect incharge of the school library. You have

been asked to place an order for children's story books (Ages 10-13 yrs). Write a letter to M.S. Book Depot Indirapuram, Ghaziabad placing an order for the books. Invent the necessary details. (8)

OR

India is a country with diverse cultures, traditions, religious and political beliefs. To keep such a country together, to bind the people and take the nation ahead on the path of progress, democracy is the most suitable form of government. Write an article in about 150-200 words. (8)

5. Complete the following sentences by filling in the correct form of the verb. (4)

For using netbanking you (a)_____ (require) to have your Customer ID and password. Then (b)____ (open) the Google search engine and type the name of the bank. Thereafter by (c)_____ (open) the Bank's official website for the netbanking option. Never (d)_____ (disclose) you ID or password with anyone.

6. Rearrange the following words or phrases to make meaningful sentences: (4)

e.g. depicted / architecture of / has been / the veena / about 500 A.D. / in temple
The veena has been depicted in temple architecture of about 500 A.D.

- i. no takers / sadly / instruments / but / of all / this mother / has / today
- ii. to whom / there are / student / turn to / few / can / exponents / the rare
- iii. subject in / it is / a subsidiary / not even / university curricula
- iv. it is / the instrument / we have / even before / buried / born

7. In the passage given below, one word has been omitted in each line. Write the missing word along with the word that comes before and the word that comes after it in your answer sheet against the correct blank number. Ensure that the word that forms your answer is underlined. (4)

The neem tree is native to India and is found all over country. It is a e.g. over the country
highly medicinal plant leaves, flowers, bark i. _____
and oil been widely used as home remedies ii. _____
right ancient times. The iii. _____
neem twig makes excellent tooth-brush. iv. _____

SECTION-C (LITERATURE)

Read the extract given below and answer the questions that follow :

(1x4=4)

With a loud scream he fell outwards and downwards into space. Then a monstrous terror seized him and his heart stood still. He could hear nothing. But it only lasted a minute. The next moment he felt his wings spread outwards.

- i. Who is 'he' in the above lines?
 - a. sparrow
 - b. seagull
 - c. duck
 - d. penguin
- ii. Why was he terrorised?
 - a. he was afraid
 - b. he was excited
 - c. he was sad
 - d. he was happy
- iii. What was 'he' struggling for?
 - a. flying
 - b. hunting
 - c. swimming
 - d. chirping
- iv. **There was a great expanse of stretched down beneath.**
 - a. land
 - b. rocks
 - c. sky
 - d. sea

OR

With a satisfied expression, he regarded the field of ripe corn with its flowers, draped in a curtain of rain. But suddenly a strong wind began to blow and along with the rain very large hailstones began to fall. These truly did resemble new silver coins. The boys, exposing themselves to the rain, ran out to collect the frozen pearls.

- i. Why was Lencho satisfied?
 - a. as the sunshine was bright and promising
 - b. as it started raining heavily
 - c. as the snowfall had started
 - d. as the clouds had gathered and it could rain
- ii. What happened all of a sudden?
 - a. a strong wind began to blow
 - b. the sun was out to shine again
 - c. snowstorm began
 - d. there was complete silence all around

- iii. What did 'they' truly resemble?
 - a. Dew drops
 - b. seashells
 - c. new silver coins
 - d. pebbles
- iv. What do the 'frozen pearls' refer to, here?
 - a. Raindrops
 - b. Small stones
 - c. Ice cubes
 - d. hailstones

8. Answer the following questions in 30-40 words each : (2x5=10)

- i. Anil couldn't afford to pay Hari Singh. Why did then, he allow Hari Singh to stay with him?
- ii. Why was it impossible for a man of Mandela's birth and colour to fulfill the twin obligations?
- iii. How did the word 'convalescing' affect Tricki's mistress, Mrs Pumphrey?
- iv. How would you recognise the Asian Lion?
- v. What picture do you form of Amanda's mother/ parents after reading the poem 'Amanda!'

9. Answer the following question in 100-120 words : 8

What made Anne Frank write a diary? Did she think that the people would be interested in her writings? **OR**

What is the epistemology of loss in this world of possessions? How has the child learned to stand up in life?

10. Answer the following question in 100-120 words : 8

Tricki was more than a dog. He was more like a spoiled child of an overindulgent mistress, Mrs Pumphrey. Comment. **OR**

Hari Singh could have lived like a rich Arab for a week or two. Why did he choose to go back to Anil in the end?
